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| |  | | --- | | **Mic Dejun - Breakfast - Colazione (not after 15:00 o'clock)** | |  |
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| **Ochiuri "Cucina di casa" - Fried eggs "Cucina di casa" -** | 32 |
| **Uova fritte "Cucina di casa" (350g)** |  |
| oua-2buc, cartofi prajiti, branza de capra, bacon, rosii, ceapa, painea casei |  |
| eggs-2pcs, fries, goat cheese, bacon, tomatoes, onion, house bread |  |
| uova-2pezzi, patate fritte, formaggio di capra, bacon, pomodori, cipolla  **INGREDIENTE** Cartofi albi 48.5%, Faina alba 17.1%, Rosii 9.7%, Ou 8.9%, Telemea de capra 5.5%, Ulei floarea soarelui 5.2%,  Bacon 3.7%, Ulei de masline 0.5%, Patrunjel verde 0.2%, Sare de masa 0.2%, Drojdie 0.1%  **ADITIVI:** Stabilizatori E 339 Fosfați de sodiu, E 407 Caragenan, Antioxidanți E 316 Eritorbat de sodiu,  Potențiatori de aromă E 621 Monoglutamat de sodiu, E 635 5′-ribonucleotide disodice, Conservanți E 250 Nitrit de  sodiu  Alergeni: gluten, ou, lapte, poate contine urme de soia, fructe cu coaja tare, telina, mustar   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 770kj / 184.06 kcal | 2695 kj / 644.21 kcal | | Grasimi | 8.69 g | 30.41 g | | din care saturate | 1.65 g | 5.77 g | | Glucide | 21.25 g | 74.37 g | | din care zaharuri | 0.88 g | 3.08 g | | Fibre | 1.29 g | 4.51 g | | Proteine | 5.17 g | 18.09 g | | Sare | 0.36 g | 1.26 g | |  |
|  |  |
| **Ochiuri Taranesti – Rustic Fried eggs - Uova contadine (350g)** | 32 |
| oua-2buc, cartofi prajiti, bacon, branza de vaca, ceapa, painea casei |  |
| eggs-2pcs, fries, bacon, cheese, onion, house bread |  |
| uova-2pezzi, patate fritte, bacon, formaggio, cipolla, pane di casa  **INGREDIENTE** Cartofi albi 51.6%, Faina alba 19.8%, Bacon 10.3%, Ou 10.3%, Ceapa rosie 3.4%, Telemea de vaca 3.4%,  Ulei de masline 0.6%, Drojdie proaspata 0.1%, Sare de masa 0.1%  **ADITIVI:** Stabilizatori E 339 Fosfați de sodiu, E 407 Caragenan, Antioxidanți E 316 Eritorbat de sodiu,  Potențiatori de aromă E 621 Monoglutamat de sodiu, E 635 5′-ribonucleotide disodice, Conservanți E 250  Nitrit de sodiu  Alergeni: gluten, ou, lapte, poate contine urme de soia, fructe cu coaja tare, telina, mustar   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 711kj / 170.04 kcal | 2488.5 kj / 595.14 kcal | | Grasimi | 5.43 g | 19 g | | din care saturate | 0.33 g | 1.15 g | | Glucide | 23.67 g | 82.84 g | | din care zaharuri | 0.77 g | 2.69 g | | Fibre | 1.29 g | 4.51 g | | Proteine | 6.37 g | 22.29 g | | Sare | 0.19 g | 0.66 g | |  |
|  |  |
| **Oua Posate - Posed Eggs - uova deposte (250g)** | 32 |
| oua-2buc, prosciutto crudo, mozzarella, ardei gras, ceapa verde, paine |  |
|  |  |
| **INGREDIENTE** Ou 28.2%, Faina alba 22.3%, Ardei gras 11.7%, Mozzarella 11.7%, Otet alimentar 11.7%, Prosciutto 11.7%,  Ceapa rosie 0.9%, Ulei de masline 0.9%, Drojdie proaspata 0.2%, Sare de masa 0.2%  **ADITIVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat,  Conservanți E 249 Nitrit de potasiu  Alergeni: ou, gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 798kj / 190.66 kcal | 1995 kj / 476.65 kcal | | Grasimi | 7.16 g | 17.9 g | | din care saturate | 2.63 g | 6.57 g | | Glucide | 18.03 g | 45.07 g | | din care zaharuri | 0.54 g | 1.35 g | | Fibre | 0.21 g | 0.52 g | | Proteine | 12.75 g | 31.87 g | | Sare | 0.71 g | 1.77 g | |  |
|  |  |
| **Omletă ţărănească - Rustic scrambled eggs - Frittata del contadino (300g)** | 30 |
| oua-3buc, mozzarella, bacon, ardei gras, ceapa, painea casei |  |
| eggs-3pcs, mozzarella, bacon, pepper, onion, house bread |  |
| uova-3pezzi, mozzarella, bacon, pepe, cipolla, pane di casa  **INGREDIENTE** Faina alba 32.7%, Ou 25.6%, Ulei floarea soarelui 9.9%, Bacon 8.5%, Ardei gras 7.1%, Ceapa 7.1%, Mozzarella 7.1%,  Ulei de masline 0.9%, Sare de masa 0.5%, Drojdie proaspata 0.2%  **ADITIVI:** Stabilizatori E 339 Fosfați de sodiu, E 407 Caragenan, Antioxidanți E 316 Eritorbat de sodiu, Potențiatori de  aromă E 621 Monoglutamat de sodiu, E 635 5′-ribonucleotide disodice, Conservanți E 250 Nitrit de sodiu, Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat  Alergeni: gluten, ou, lapte, poate contine urme de soia, fructe cu coaja tare, telina, mustar   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 1233kj / 294.74 kcal | 3699 kj / 884.22 kcal | | Grasimi | 16.45 g | 49.35 g | | din care saturate | 2.51 g | 7.53 g | | Glucide | 26.35 g | 79.05 g | | din care zaharuri | 0.63 g | 1.89 g | | Fibre | 0.24 g | 0.72 g | | Proteine | 9.89 g | 29.67 g | | Sare | 0.69 g | 2.07 g | |  |
|  |  |
| **Shakshuka (300g)** | 32 |
| oua-2buc, cartofi prajiti, sos de rosii, branza de vaca, ardei gras, usturoi, ceapa verde, painea casei |  |
| eggs-2buc, fries, tomatoes sauce, cheese, pepper, garlic, onion, house bread |  |
| uova-2pezzi, patate fritte, salsa di pomodoro, formaggio, pepe, aglio, cipolle verde, pane di casa  **INGREDIENTE** Cartofi albi 38.4%, Sos de rosii 20.7%, Faina alba 14.6%, Ou 9.2%, Telemea de vaca 3.8%, Ulei floarea soarelui 3.8%, Ardei gras 3%, Ceapa 2.3%, Ceapa rosie 1.5%, Usturoi uscat 0.7%, Ulei de masline 0.5%, Patrunjel verde 0.3%,  Sare de masa 0.3%, Drojdie proaspata 0.1%.  Alergeni: gluten, ou, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 631kj / 150.87 kcal | 1893 kj / 452.61 kcal | | Grasimi | 5.96 g | 17.88 g | | din care saturate | 0.66 g | 1.98 g | | Glucide | 19.63 g | 58.89 g | | din care zaharuri | 0.71 g | 2.13 g | | Fibre | 1.28 g | 3.84 g | | Proteine | 4.5 g | 13.5 g | | Sare | 0.4 g | 1.2 g | |  |
|  |  |
|  | 49 |
|  |  |
|  |  |
|  |  |
| |  |  | | --- | --- | | **Gustari - Starters - Antipasti** |  | |  |  | |  |  | |  |  | | **Bruschete cu roșii - Tomatoes bruschettes - Bruschette al pomodoro (200g)** | 16 | | paine, rosii, usturoi, oregano, busuioc |  | | paine, tomatoes, garlic, oregano, basil |  | | pane, pomodori, aglio, oregano, basilico  **INGREDIENTE** Rosii 84.6%, Paine Toast 10.9%, Ulei de masline 1.9%, Usturoi 1%, Oregano 0.8%, Sare de masa 0.5%   |  |  |  | | --- | --- | --- | | DECLARATIE NUTRITIONALA | | | |  | *100g* | *200 g* | | Valoare energetica | 264kj / 63.01 kcal | 528kj / 126.02 kcal | | Grasimi | 2.39 g | 4.78 g | | din care saturate | 0.08 g | 0.16 g | | Glucide | 9.65 g | 19.3 g | | din care zaharuri | 2.48 g | 4.96 g | | Fibre | 1.6 g | 3.2 g | | Proteine | 1.8 g | 3.6 g | | Sare | 0.69 g | 1.38 g | |  | |  |  | | **Creveți cu sos de cognac - Shrimp with cognac** | 49 | | **Gamberetti con salsa di brandy (200g)** |  | | creveti, unt, usturoi, coniac, lamaie |  | | shrimps, butter, garlic, cognac, lemon |  | | gamberetti, burro, aglio, cognac, limone  **INGREDIENTE** Creveti 48.6%, Lamaie 18%, Portocale 18%, Coniac 9%, Unt 5.4%, Usturoi 0.9%  Alergeni: crustacee, derivate din lapte   |  |  |  | | --- | --- | --- | | DECLARATIE NUTRITIONALA | | | |  | *100g* | *200 g* | | Valoare energetica | 510kj / 121.9 kcal | 1020kj / 243.8 kcal | | Grasimi | 5.07 g | 10.14 g | | din care saturate | 3.28 g | 6.56 g | | Glucide | 4.49 g | 8.98 g | | din care zaharuri | 2.49 g | 4.98 g | | Fibre | 0.84 g | 1.68 g | | Proteine | 10.61 g | 21.22 g | | Sare | 0.1 g | 0.2 g | |  | |  |  | | **Creveti Saganaki - Saganaki shrimps - Saganaki gamberetti (300g)** | 50 | | creveti-200g, sos de rosii, branza de vaca, usturoi, ardei |  | | shrimps-200g, tomato sauce-150g, cheese, garlic, peppers |  | | gamberetti-200g, salsa di pomodori, formaggio, aglio, pepperoncino  **INGREDIENTE** Creveti 43.2%, Sos de rosii 40%, Telemea de vaca 6.4%, Ardei gras 4.8%, Ceapa 3.2%, Usturoi uscat 1.6%,  Patrunjel verde 0.8%  Alergeni: crustacee, lapte   |  |  |  | | --- | --- | --- | | DECLARATIE NUTRITIONALA | | | |  | *100g* | *300 g* | | Valoare energetica | 327kj / 78.15 kcal | 981kj / 234.45 kcal | | Grasimi | 1.85 g | 5.55 g | | din care saturate | 0.13 g | 0.39 g | | Glucide | 4.15 g | 12.45 g | | din care zaharuri | 0.25 g | 0.75 g | | Fibre | 0.62 g | 1.86 g | | Proteine | 11.07 g | 33.21 g | | Sare | 0.09 g | 0.27 g | |  | |  |  | | **Fructe de mare la grătar - Grilled seafood - Frutti di mare alla griglia (200g)** | 58 | | caracatita, calamari, creveti, usturoi, lamaie |  | | octopus, calamari, shrimps, garlic, lemon |  | | polpo, calamari, gamberetti, aglio, limone  **INGREDIENTE** Calamar 20.7%, Caracatita 20.7%, Lamaie 20.7%, Creveti 14.5%, Ulei de masline 12.4%, Portocale 4.1%,  Patrunjel verde 2%, Busuioc 1%, Marar 1%, Menta proaspata 1%, Usturoi uscat 1%, Sare de masa 0.4%  Alergeni: moluste, crustacee   |  |  |  | | --- | --- | --- | | DECLARATIE NUTRITIONALA | | | |  | *100g* | *200 g* | | Valoare energetica | 694kj / 165.91 kcal | 1388kj / 331.82 kcal | | Grasimi | 13.22 g | 26.44 g | | din care saturate | 0.14 g | 0.28 g | | Glucide | 4.64 g | 9.28 g | | din care zaharuri | 0.99 g | 1.98 g | | Fibre | 0.85 g | 1.7 g | | Proteine | 9.96 g | 19.92 g | | Sare | 0.54 g | 1.08 g | |  | |  |  | | **Risotto cu trufe si ciuperci - Risotto with truffles and mushrooms** | 35 | | **Risotto con tartufo e funghi (250g)**  **INGREDIENTE** Orez bob lung 37.4%, Ciuperci champignon 29.9%, Unt17.4%, Parmezan 7.4%, Trufe 7.4%, Ulei de masline 0.2%,  ADITVI: Conservanți E 1105 Lizozim  Alergeni: lapte, derivate din ou   |  |  |  | | --- | --- | --- | | DECLARATIE NUTRITIONALA | | | |  | *100g* | *250 g* | | Valoare energetica | 1466kj / 350.33 kcal | 3665 kj / 875.82 kcal | | Grasimi | 20.92 g | 52.3 g | | din care saturate | 13.18 g | 32.95 g | | Glucide | 33.15 g | 82.87 g | | din care zaharuri | 3.72 g | 9.3 g | | Fibre | 0.74 g | 1.85 g | | Proteine | 6.99 g | 17.47 g | | Sare | 0.16 g | 0.4 g | |  | |  |  | | **Risotto quattro formaggi (250g)**  **INGREDIENTE** Orez bob lung 34%, Smantana dulce 34%, Branza Cheddar 11.3%, Branza Brie 6.8%, Branza mucegai 6.8%,  Parmezan 6.8%,  ADITVI: Coloranți E 160b Annatto, bixină, norbixină, Conservanți E 1105 Lizozim, Stabilizatori E 407 Caragenan  Alergeni: soia, lapte, derivate din ou   |  |  |  | | --- | --- | --- | | DECLARATIE NUTRITIONALA | | | |  | *100g* | *250 g* | | Valoare energetica | 1426kj / 340.75 kcal | 3565 kj / 851.87 kcal | | Grasimi | 20.31 g | 50.77 g | | din care saturate | 6.15 g | 15.37 g | | Glucide | 27.3 g | 68.25 g | | din care zaharuri | 0.47 g | 1.17 g | | Fibre | 0 g | 0 g | | Proteine | 11.75 g | 29.37 g | | Sare | 0.28 g | 0.7 g | | 35 | |  |  | | **Vanata trasa la tigaie cu ceapa, rosii, usturoi, ardei copt si branza (300g)** | 29 | | **Fried eggplant with onions, tomatoes, garlic, baked peppers and cheese** |  | | **Melanzane fritte con cipolla, pomodori, aglio, pepe al forno, formaggio**  **INGREDIENTE** Vinete 49.5%, Rosii 13.6%, Telemea de vaca 12.3%, Ardei capia copti 11.1%, Ceapa 7.4%, Ulei de masline 3.7%,  Usturoi uscat 1.2%, Oregano 0.6%, Patrunjel verde 0.3%  Alergeni: lapte   |  |  |  | | --- | --- | --- | | DECLARATIE NUTRITIONALA | | | |  | *100g* | *300 g* | | Valoare energetica | 382kj / 91.37 kcal | 1146 kj / 274.11 kcal | | Grasimi | 6.47 g | 19.41 g | | din care saturate | 0.01 g | 0.03 g | | Glucide | 6.09 g | 18.27 g | | din care zaharuri | 1.88 g | 5.64 g | | Fibre | 2.58 g | 7.74 g | | Proteine | 3.48 g | 10.44 g | | Sare | 0 g | 0 g | |  | |  |  | | **Masline pane - Fried olives - Olive pane (200g)**  **INGREDIENTE** Măsline 48.4%, Faina alba 16.9%, Ou 14.5%, Pesmet 12.1%, Ulei floarea soarelui 7.2%, chilli 0.7%  ADITIVI: Corectori de aciditate E 270 Acid lactic, Conservanți E 202 Sorbat de potasiu  Alergeni: gluten, ou   |  |  |  | | --- | --- | --- | | DECLARATIE NUTRITIONALA | | | |  | *100g* | *200 g* | | Valoare energetica | 1040kj / 248.52 kcal | 2080 kj / 497.04 kcal | | Grasimi | 14.75 g | 29.5 g | | din care saturate | 2.38 g | 4.76 g | | Glucide | 22.36 g | 44.72 g | | din care zaharuri | 1.11 g | 2.22 g | | Fibre | 0.54 g | 1.08 g | | Proteine | 5.13 g | 10.26 g | | Sare | 1.32 g | 2.64 g | | 24 | | **Cartofi prajiti speciali - Special french fries - Patate fritte speciali (300g)** |  | | cartofi prajiti, bacon, oua, branza de vaca | 30 | | french fries, bacon, eggs, cheese |  | | patate fritte, bacon, uova, formaggio  **INGREDIENTE** Cartofi albi 65.2%, Ou 16.7%, Telemea de vaca 7.4%, Bacon 5.5%, Ulei floarea soarelui 4.6%, Sare de masa 0.1%  ADITIVI: Stabilizatori E 339 Fosfați de sodiu, E 407 Caragenan, Antioxidanți E 316 Eritorbat de sodiu, Potențiatori  de aromă E 621 Monoglutamat de sodiu, E 635 5′-ribonucleotide disodice, Conservanți E 250 Nitrit de sodiu  Alergeni: ou, lapte, poate contine urme de soia, fructe cu coaja tare, telina, mustar   |  |  |  | | --- | --- | --- | | DECLARATIE NUTRITIONALA | | | |  | *100g* | *300 g* | | Valoare energetica | 630kj / 150.51 kcal | 1890kj / 451.53 kcal | | Grasimi | 9.59 g | 28.77 g | | din care saturate | 0.98 g | 2.94 g | | Glucide | 10.43 g | 31.29 g | | din care zaharuri | 0.81 g | 2.43 g | | Fibre | 1.56 g | 4.68 g | | Proteine | 5.43 g | 16.29 g | | Sare | 0.22 g | 0.66 g | |  | |  |  | |  |  | | **Cascaval pane - Fried cheese - Formaggio fritto (200g)** | 26 | |  |

**INGREDIENTE**  
Mozzarella 46.9%, Pesmet 22%, Ou 16.5%, Ulei floarea soarelui 13.8%, Sare de masa 0.5%,

**ADITIVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat

Alergeni: lapte, gluten, ou

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| --- | --- | --- |
| **DECLARATIE NUTRITIONALA** | | |
|  | ***100g*** | ***200 g*** |
| Valoare energetica | 1420kj / 339.5 kcal | 2840 kj / 679 kcal |
| Grasimi | 22.08 g | 44.16 g |
| din care saturate | 6.87 g | 13.74 g |
| Glucide | 17.38 g | 34.76 g |
| din care zaharuri | 0.86 g | 1.72 g |
| Fibre | 0.39 g | 0.78 g |
| Proteine | 17.47 g | 34.94 g |
| Sare | 1.14 g | 2.28 g |

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| **Paste - Pasta** |  |
| **You can choose between Penne, Spaghetti or Tagliatelle** |  |
|  |  |
| **Pasta Carbonara (300g)** | 35 |
| paste proaspete, bacon, smantana, parmezan |  |
| fresh pasta, bacon, cheese, parmesan |  |
| pasta fresca, bacon, formaggio, parmigiano  **INGREDIENTE**  Paste 41%, Smântână dulce 36.5%, Bacon 11.4%, Parmezan 5.7%, Ulei de masline 4.5%, Sare de masa 0.4%,  Piper alb 0.2%  **ADITIVI:** Stabilizatori E 339 Fosfați de sodiu, E 407 Caragenan, Antioxidanți E 316 Eritorbat de sodiu, Potențiatori de  aromă E 621 Monoglutamat de sodiu, E 635 5′-ribonucleotide disodice, Conservanți E 250 Nitrit de sodiu, E 1105  Lizozim  Alergeni: gluten, soia, lapte, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 1201kj / 286.96 kcal | 2402 kj / 573.92 kcal | | Grasimi | 22.92 g | 45.84 g | | din care saturate | 10.84 g | 21.68 g | | Glucide | 14.05 g | 28.1 g | | din care zaharuri | 0.96 g | 1.92 g | | Fibre | 0.05 g | 0.1 g | | Proteine | 6.89 g | 13.78 g | | Sare | 0.58 g | 1.16 g | |  |
|  |  |
| **Pasta Bolognesi (300g)** | 37 |
| paste proaspete, sos de rosii si carne de vita facut in casa, parmezan |  |
| fresh pasta, homemade beef and tomatoes sauce, parmesan |  |
| pasta fresca, salsa bolognesi, parmigiano  **INGREDIENTE**  Paste 28.3%, Carne de vita tocata 23.6%, Sos de rosii 15.7%, Ceapa 7.8%, Morcovi 4.7%, Unt 4.7%,  Vin alb de masa 4.7%, Parmezan 3.9%, Ulei de masline 3.1%, Telina 1.5%, Usturoi uscat 0.7%, Piper alb 0.3%,  Sare de masa 0.3%  **ADITIVI:** Conservanți E 1105 Lizozim  Alergeni: gluten, sulfiti, lapte, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 818kj / 195.53 kcal | 1636 kj / 391.06 kcal | | Grasimi | 12.1 g | 24.2 g | | din care saturate | 4.61 g | 9.22 g | | Glucide | 12.11 g | 24.22 g | | din care zaharuri | 0.63 g | 1.26 g | | Fibre | 0.59 g | 1.18 g | | Proteine | 9.31 g | 18.62 g | | Sare | 0.4 g | 0.8 g | |  |
|  |  |
| **Paste cu sos de roșii și busuioc - Pasta with tomatoes and basil** | 30 |
| **Pasta pomodori e basilico (300g)** |  |
| paste proaspete, rosii cherry, unt, busuioc, parmezan |  |
| fresh pasta, cherry tomatoes, butter, basil, parmesan |  |
| paste fresca, pomodorini, burro, basilico, parmigiano  **INGREDIENTE**  Paste 35.4%, Rosii cherry 19.6%, Sos de rosii 19.6%, Morcovi 9.8%, Parmezan 4.9%, Ulei de masline 3.9%,  Ceapa 1.9%, Telina 1.9%, Busuioc 0.9%, Usturoi uscat 0.9%, Sare de masa 0.3%, Piper alb 0.1%,  **ADITIVI:** Conservanți E 1105 Lizozim  Alergeni: gluten, lapte, telina, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 535kj / 127.91 kcal | 802.5 kj / 191.86 kcal | | Grasimi | 5.72 g | 8.58 g | | din care saturate | 0.85 g | 1.27 g | | Glucide | 15.19 g | 22.78 g | | din care zaharuri | 0.62 g | 0.93 g | | Fibre | 0.9 g | 1.35 g | | Proteine | 4.75 g | 7.12 g | | Sare | 0.48 g | 0.72 g | |  |
|  |  |
| **Paste cu trufe - Pasta with truffles - Pasta al tartufo (200g)**  **INGREDIENTE**  Paste 63.1%, Trufe 17.5%, Unt 10.5%, Parmezan 8.7%  **ADITIVI:** Conservanți E 1105 Lizozim  Alergeni: gluten, lapte, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 1346kj / 321.77 kcal | 1346 kj / 321.77 kcal | | Grasimi | 19.98 g | 19.98 g | | din care saturate | 13.2 g | 13.2 g | | Glucide | 26.95 g | 26.95 g | | din care zaharuri | 6.01 g | 6.01 g | | Fibre | 0.05 g | 0.05 g | | Proteine | 7.96 g | 7.96 g | | Sare | 0.19 g | 0.19 g | | 37 |
|  |  |
| **Paste cu fucte de mare - Pasta with seafood - Pasta con frutti di mare (250g)** | 60 |
| paste proaspete, caracatita, calamari, creveti, usturoi, patrunjel |  |
| fresh pasta, octopus, calamari, shrimps, garlic, parsley |  |
| pasta fresca, polpo, calamari, gameberetti, aglio, prezzemolo  **INGREDIENTE**  Paste 30.7%, Calamar 17%, Caracatita 17%, Portocale 17%, Lamaie 8.5%, Ulei de masline 3.4%, Parmezan 2.5%,  Usturoi uscat 1.1%, Busuioc 0.8%, Marar 0.5%, Menta 0.5%, Patrunjel verde 0.5%,  **ADITIVI:** Conservanți E 1105 Lizozim  Alergeni: gluten, moluste, lapte, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 556kj / 132.89 kcal | 1390kj / 332.22 kcal | | Grasimi | 4.93 g | 12.32 g | | din care saturate | 0.52 g | 1.3 g | | Glucide | 14.51 g | 36.27 g | | din care zaharuri | 2.11 g | 5.27 g | | Fibre | 0.73 g | 1.82 g | | Proteine | 8.47 g | 21.17 g | | Sare | 0.11 g | 0.27 g | |  |
|  |  |
| **Paste cu creveti - Pasta with shrimps - Pasta con gamberetti (250g)** | 50 |
| paste proaspete, creveti, unt, rosii cherry, usturoi |  |
| fresh pasta, shrimps, butter, cherry tomatoes, garlic |  |
| pasta fresca, gaberetti, burro, pomodorini, aglio  **INGREDIENTE** Mere 30.3%, Salata iceberg 30.3%, Creveti 22.2%, Faina alba 11.6%, Branza Brie 3%, Ketchup 1%,  Otet balsamic 0.7%, Zahar 0.3%, Sare de masa 0.2%, Drojdie proaspata 0.1%  Alergeni: crustacee, gluten, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 405kj / 96.91 kcal | 1417.5 kj / 339.18 kcal | | Grasimi | 1.33 g | 4.65 g | | din care saturate | 0.58 g | 2.03 g | | Glucide | 14.46 g | 50.61 g | | din care zaharuri | 3.96 g | 13.86 g | | Fibre | 0.97 g | 3.39 g | | Proteine | 6.9 g | 24.15 g | | Sare | 0.32 g | 1.12 g | |  |
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| **Pasta al arrabbiata - Paste picante (300g)** | 30 |
| paste proaspete, sos de rosii facut in casa, rosii cherry, ardei iute, usturoi, parmezan, patrunjel |  |
| fresh pasta, homemade tomato sauce, cherry tomatoes, pepper, garlic, parmesan, parsley |  |
| pasta fresca, pomodorini, peperoncini, aglio, parmigiano, prezzemolo  **INGREDIENTE** Paste 40.8%, Sos de rosii 22.6%, Ardei iute 11.3%, Rosii cherry 6.8%, Parmezan 5.6%, Ulei de masline 4.5%,  Morcovi 2.2%, Telina 2.2%, Ceapa 1.5%, Patrunjel verde 0.6%, Usturoi uscat 0.6%, Sare de masa 0.4%, Piper alb 0.2%,  **ADITIVI:** Conservanți E 1105 Lizozim  Alergeni: gluten, telina, lapte, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 602kj / 143.84 kcal | 903 kj / 215.76 kcal | | Grasimi | 6.61 g | 9.91 g | | din care saturate | 0.97 g | 1.45 g | | Glucide | 16.6 g | 24.9 g | | din care zaharuri | 0.85 g | 1.27 g | | Fibre | 0.7 g | 1.05 g | | Proteine | 5.3 g | 7.95 g | | Sare | 0.54 g | 0.81 g | |  |
|  |  |
| **Paste cu patru feluri de brânză - Pasta quattro formaggi (300g)** | 38 |
| paste proaspete, smantana, branza cu mucegai, brie, parmezan |  |
| fresh pasta, cream, gorgonzola, brie, parmesan |  |
| pasta fresca, panna, gorgonzola, brie, parmigiano  **INGREDIENTE**  Paste 41.6%, Smântână dulce 34.7%, Branza mucegai 9.2%, Branza Brie 6.9%, Parmezan 6.9%, Sare de masa 0.4%  **ADITVI:** Conservanți E 1105 Lizozim, Stabilizatori E 407 Caragenan  Alergeni: gluten, soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 1119kj / 267.55 kcal | 2797.5 kj / 668.87 kcal | | Grasimi | 19.49 g | 48.72 g | | din care saturate | 13.51 g | 33.77 g | | Glucide | 14.06 g | 35.15 g | | din care zaharuri | 0.96 g | 2.4 g | | Fibre | 0 g | 0 g | | Proteine | 8.96 g | 22.4 g | | Sare | 0.71 g | 1.77 g | |  |
|  |  |
| **Paste la cuptor - Baked pasta - Pasta al forno (300g)** | 35 |
| Paste proaspete, sunca, ciuperci, mozzarella  **INGREDIENTE**  Paste 29.6%, Smantana dulce 26.1%, Ciuperci champignon 20.9%, Sunca presata 10.4%, Mozzarella 8.7%,  Ulei de masline 3.4%, Sare de masa 0.3%, Piper alb 0.1%  **ADITVI:** Stabilizatori E 407 Caragenan, Corectori de aciditate E 451 Trifosfați, E 330 Acid citric, Antioxidanți E 301  Ascorbat de sodiu, Conservanți E 250 Nitrit de sodiu, Amidonuri modificate E 1422 Adipat de diamidon acetilat  Alergeni: gluten, soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 797kj / 190.41 kcal | 1594kj / 380.82 kcal | | Grasimi | 13.42 g | 26.84 g | | din care saturate | 0.94 g | 1.88 g | | Glucide | 11.57 g | 23.14 g | | din care zaharuri | 0.56 g | 1.12 g | | Fibre | 0.5 g | 1 g | | Proteine | 6.72 g | 13.44 g | | Sare | 0.45 g | 0.9 g | |  |
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| **Paste cu muschi de vita - Pasta with beef - Pasta con vitello (250g)** | **56** |
| paste proaspete, muschi de vita-150g, ardei, usturoi |  |
| fresh pasta, beef tenderloin-150g, pepper, garlic  pasta fresca, manzo, peperoncini, aglio |  |
| **INGREDIENTE**  Paste 38.6%, Muschi de vita 36.3%, Ardei iute 11.3%, Ulei de masline 6.8%, Unt 4.5%, Patrunjel verde 1.1%,  Usturoi uscat 1.1%  Alergeni: gluten, derivate din lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 994kj / 237.51 kcal | 2485kj / 593.77 kcal | | Grasimi | 16.4 g | 41 g | | din care saturate | 2.36 g | 5.9 g | | Glucide | 13.86 g | 34.65 g | | din care zaharuri | 0.63 g | 1.57 g | | Fibre | 0.33 g | 0.82 g | | Proteine | 9.61 g | 24.02 g | | Sare | 0 g | 0 g | |  |
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| **Lasagna (300g)** | 37 |

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**INGREDIENTE**  
Foi de lasagna 32.1%, Carne de vita tocata 28.3%, Sos de rosii 11.3%, Mozzarella 7.5%, Vin alb de masa 5.6%, Morcovi 3.7%, Telina 3.7%, Unt 3.7%, Ceapa 1.8%, Ulei de masline 1.3%, Sare de masa 0.3%

**ADITIVI:**  Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat

Alergeni: gluten, sulfiti, lapte, telina

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| **DECLARATIE NUTRITIONALA** | | |
|  | ***100g*** | ***300 g*** |
| Valoare energetica | 1063kj / 254.04 kcal | 3189kj / 762.12 kcal |
| Grasimi | 11.31 g | 33.93 g |
| din care saturate | 4.91 g | 14.73 g |
| Glucide | 23.21 g | 69.63 g |
| din care zaharuri | 1.36 g | 4.08 g |
| Fibre | 1.27 g | 3.81 g |
| Proteine | 13.59 g | 40.77 g |
| Sare | 0.52 g | 1.56 g |

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| **Supe - Soups - Zuppe** |
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| **Ciorba de vacuta - Beef soup - Zuppa di manzo (350ml)**  **INGREDIENTE** Pulpa de vita 23.2%, Ardei gras 16.5%, Bors de tarate 12.4%, Sos de rosii 11.6%, Cartofi albi 9.9%, Morcovi 6.6%,  Telina 6.6%, Oase de vita 4.9%, Ceapa 3.3%, Ulei floarea soarelui 3.3%, Sare de masa 0.8%, Patrunjel verde 0.4%  Alergeni: gluten, tellina  Alergeni: tellina, gluten, ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100 ml*** | ***350 ml*** | | Valoare energetica | 499kj / 119.19 kcal | 1746.5kj / 417.16 kcal | | Grasimi | 8.48 g | 29.68 g | | din care saturate | 0.71 g | 2.48 g | | Glucide | 4.43 g | 15.5 g | | din care zaharuri | 1.05 g | 3.67 g | | Fibre | 0.97 g | 3.39 g | | Proteine | 6.07 g | 21.24 g | | Sare | 0.85 g | 2.97 g | |
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| **Crema de legume - Vegetable cream soup - Crema di verdure (350ml)**  **INGREDIENTE** Smântână dulce 33.1%, Broccoli 11%, Morcovi 11%, Paine Toast 11%, Telina 11%, Ardei gras 6.6%, Dovlecel 6.6%,  Ceapa 4.4%, Unt 4.4%, Sare de masa 0.4%  **ADITIVI:** Stabilizatori E 407 Caragenan  Alergeni: soia, lapte, gluten, telina   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 787kj / 188.03 kcal | 2755kj / 658.1 kcal | | Grasimi | 15.91 g | 55.68 g | | din care saturate | 11.33 g | 39.65 g | | Glucide | 8.92 g | 31.22 g | | din care zaharuri | 2.28 g | 7.98 g | | Fibre | 1.28 g | 4.48 g | | Proteine | 2.19 g | 7.66 g | | Sare | 0.64 g | 2.24 g | |
|  |
| **Supă cremă de broccoli - Broccoli cream soup - Crema di broccoli (350ml)**  **INGREDIENTE** Brocoli 57.3%, Smântână dulce 24.5%, Paine Toast 8.1%, Branza mucegai 6.5%, Unt3.2%  **ADITIVI:**  Stabilizatori E 407 Caragenan  Alergeni: lapte, gluten, soia   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 694kj / 165.86 kcal | 2429kj / 580.51 kcal | | Grasimi | 13.78 g | 48.23 g | | din care saturate | 9.69 g | 33.91 g | | Glucide | 5.7 g | 19.95 g | | din care zaharuri | 1.38 g | 4.83 g | | Fibre | 1.67 g | 5.84 g | | Proteine | 3.88 g | 13.58 g | | Sare | 0.16 g | 0.56 g | |
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| **Supă de roșii - Tomatoes soup - Zuppa di pomodoro (350ml)**  **INGREDIENTE** Sos de rosii 69.9%, Rosii 13.9%, Orez bob lung 6.9%, Unt4.6%, Parmezan 2.3%, Busuioc 1.1%, Ulei de masline 0.9%  **ADITVI:**  Conservanți E 1105 Lizozim  Alergeni: lapte, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 425kj / 101.6 kcal | 1487.5 kj / 355.6 kcal | | Grasimi | 5.62 g | 19.67 g | | din care saturate | 2.85 g | 9.97 g | | Glucide | 10.17 g | 35.59 g | | din care zaharuri | 0.48 g | 1.68 g | | Fibre | 0.76 g | 2.66 g | | Proteine | 2.41 g | 8.43 g | | Sare | 0.04 g | 0.14 g | |
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| **Pește - Fish - Pesce** |
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| **Somon la grătar - Salmon grill - Salmone alla griglia (200g)**  **INGREDIENTE** Somon file 60.2%, Lamaie 30.1%, Ulei de masline 9%, Sare de masa 0.6%  Alergeni: peste   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 584kj / 139.51 kcal | 1168 kj / 279.02 kcal | | Grasimi | 10.03 g | 20.06 g | | Glucide | 2.71 g | 5.42 g | | din care zaharuri | 0.75 g | 1.5 g | | Fibre | 0.84 g | 1.68 g | | Proteine | 12.37 g | 24.74 g | | Sare | 0.6 g | 1.2 g | |
|  |
| **Dorada la grătar - Bream grill - Orata alla griglia (300g)**  **INGREDIENTE** Dorada 75.7%, Lamaie 21.6%, Ulei de masline 2.1%, Sare de masa 0.4%  Alergeni: peste   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 382kj / 91.32 kcal | 1146 kj / 273.96 kcal | | Grasimi | 2.91 g | 8.73 g | | Glucide | 1.94 g | 5.82 g | | din care zaharuri | 0.54 g | 1.62 g | | Fibre | 0.6 g | 1.8 g | | Proteine | 14.55 g | 43.65 g | | Sare | 0.43 g | 1.29 g |      |  | | --- | | **Pui - Chicken - Pollo** | |  | |  | | **Şniţel pui - Chicken schnitzel - Cotoletta di pollo (250g)** | | piept de pui-200g; chicken breast; petto di pollo  **INGREDIENTE** Piept de Pui 34%, Ulei floarea soarelui 30%, Faina alba 16%, Ou 10%, Pesmet 10%  Alergeni: gluten, ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 1642kj / 392.49 kcal | 4105 kj / 981.22 kcal | | Grasimi | 29.65 g | 74.12 g | | din care saturate | 3.66 g | 9.15 g | | Glucide | 19.75 g | 49.37 g | | din care zaharuri | 0.69 g | 1.72 g | | Fibre | 0.45 g | 1.12 g | | Proteine | 11.29 g | 28.22 g | | Sare | 0.16 g | 0.4 g | | |  | | **Şniţel pui "Cucina di casa" - Chicken schnitzel "Cucina di casa"** | | **Cotoletta di pollo "Cucina di casa" (300g)** | | piept de pui-200g, sunca, mozzarella | | chicken breast - 200g, ham, mozzarella | | petto di pollo-200g, prosciutto cotto, mozzarella  **INGREDIENTE** Piept de Pui 33.8%, Ulei floarea soarelui 24.1%, Șuncă presată 9.6%, Faina alba 8%, Mozzarella 8%, Ou 8%,  Pesmet 8%,  **ADITVI:**  Corectori de aciditate E 330 Acid citric, E 451 Trifosfați, Amidonuri modificate E 1422 Adipat de diamidon acetilat, Antioxidanți E 301 Ascorbat de sodiu, Conservanți E 250 Nitrit de sodiu  Alergeni: gluten, lapte, ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 1408kj / 336.5 kcal | 4224 kj / 1009.5 kcal | | Grasimi | 25.58 g | 76.74 g | | din care saturate | 3.96 g | 11.88 g | | Glucide | 12.87 g | 38.61 g | | din care zaharuri | 0.7 g | 2.1 g | | Fibre | 0.36 g | 1.08 g | | Proteine | 13.49 g | 40.47 g | | Sare | 0.47 g | 1.41 g | | |  | | **Snitel pui "Taranesc" - "Rustic" Chicken schnitzel** | | **Cotoletta di pollo alla contadina (300g)** | | piept de pui-200g, ou ochi, sos de smantana si ciuperci | | chicken breast-200g, fried egg, sour cream and mushrooms sauce | | petto di pollo-200g, uovo fritto, salsa di panna e funghi  **INGREDIENTE** Piept de Pui 34.1%, Ulei floarea soarelui 24.3%, Ou 16.5%, Ciuperci champignon 8.1%, Pesmet 8.1%,  Smantana dulce 8.1%, Sare de masa 0.4%  **ADITVI:** Stabilizatori E 407 Caragenan  Alergeni: ou, gluten, soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 1326kj / 316.85 kcal | 3978 kj / 950.55 kcal | | Grasimi | 27.43 g | 82.29 g | | din care saturate | 3.31 g | 9.93 g | | Glucide | 6.89 g | 20.67 g | | din care zaharuri | 0.78 g | 2.34 g | | Fibre | 0.54 g | 1.62 g | | Proteine | 10.69 g | 32.07 g | | Sare | 0.64 g | 1.92 g | | |  | | **Piept de pui la grătar - Grilled chicken breast - Petto di polla alla griglia (250g)** | | piept de pui-200g, sos de smantana si ciuperci | | chicken breast-200g, sour cream sauce and mushrooms | | petto di pollo-200g, salsa di panna e funghi  **INGREDIENTE** Piept de Pui 76.9%, Ciuperci champignon 7.3%, Smantana dulce 7.3%, Ulei de masline 7.3%, Sare de masa 0.7%,  Piper alb 0.3%  **ADITVI:** Stabilizatori E 407 Caragenan  Alergeni: soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 717kj / 171.26 kcal | 1792.5 kj / 428.15 kcal | | Grasimi | 11.58 g | 28.95 g | | din care saturate | 0.77 g | 1.92 g | | Glucide | 1.18 g | 2.95 g | | din care zaharuri | 0.24 g | 0.6 g | | Fibre | 0.25 g | 0.62 g | | Proteine | 17.05 g | 42.62 g | | Sare | 0.9 g | 2.25 g | | |  | | **Pui asiatic - Asian chicken - Pollo asiatico (250g)** | | piept de pui-150g, orez basmati, morcovi, telina, castraveti, ardei iute, usturoi, sos de soia | | chicken breast-150g, basmati rice, carrots, celery, cucumber, pepper, garlic, soya sauce | | petto di pollo-150g, riso basmati, carota, sedano, cetrioli, peperoncini, aglio, salsa di soia  **INGREDIENTE** Piept de Pui 24.7%, Sos de soia 18.5%, Castraveti 13.9%, Orez bob lung 13.9%, Telina 12.3%, Morcovi 8.5%,  Ulei de masline 7.7%, Piper alb 0.1%  Alergeni: soia, tellina   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 677kj / 161.76 kcal | 1692.5 kj / 404.4 kcal | | Grasimi | 8.66 g | 21.65 g | | din care saturate | 0.3 g | 0.75 g | | Glucide | 13.66 g | 34.15 g | | din care zaharuri | 0.95 g | 2.37 g | | Fibre | 0.54 g | 1.35 g | | Proteine | 9.08 g | 22.7 g | | Sare | 0.07 g | 0.17 g | | |  | | **"Coquelet" crocant cu cartofi prajiti - Crispy "Coquelet" with french fries** | | **"Coquelet" con patate fritte (600g)** | | coquelet-450g, cartofi prajiti, mujdei | | coquelet-450g, french fries, garlic | | coquelet-450g, patate fritte, aglio  **INGREDIENTE** Cartofi albi 44.9%, Pui întreg 37.4%, Ulei floarea soarelui 14.9%, Usturoi uscat 2.2%, Sare de masa 0.3%   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***600 g*** | | Valoare energetica | 867kj / 207.28 kcal | 5202 kj / 1243.68 kcal | | Grasimi | 15.32 g | 91.92 g | | din care saturate | 1.94 g | 11.64 g | | Glucide | 8.69 g | 52.14 g | | din care zaharuri | 0.51 g | 3.06 g | | Fibre | 1.28 g | 7.68 g | | Proteine | 8.99 g | 53.94 g | | Sare | 0.45 g | 2.7 g | | |  | | **Pui gorgonzola - Chicken gorgonzola - Pollo gorgonzola (250g)**  **INGREDIENTE** Piept de Pui 52.1%, Smantana dulce 29.7%, Branza mucegai 9.9%, Ulei de masline 7.4%, Sare de masa 0.4%,  Piper alb 0.2%,  **ADITVI:** Stabilizatori E 407 Caragenan  Alergeni: soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 1009kj / 241.22 kcal | 2522.5 kj / 603.05 kcal | | Grasimi | 20.62 g | 51.55 g | | din care saturate | 2.4 g | 6 g | | Glucide | 1.34 g | 3.35 g | | din care zaharuri | 0.05 g | 0.12 g | | Fibre | 0.06 g | 0.15 g | | Proteine | 13.95 g | 34.87 g | | Sare | 0.61 g | 1.52 g | | |  | | **Ficăței cu sos de usturoi - Chicken livers with garlic - Fegatini al aglio (250g)**  **INGREDIENTE** Ficat de pui 68.1%, Ulei floarea soarelui 18.9%, Unt 7.5%, Usturoi uscat 3.7%, Patrunjel verde 0.9%,  Sare de masa 0.5%   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 1239kj / 296.17 kcal | 3097.5kj / 740.42 kcal | | Grasimi | 24.87 g | 62.17 g | | din care saturate | 6.24 g | 15.6 g | | Glucide | 4.49 g | 11.22 g | | din care zaharuri | 0.32 g | 0.8 g | | Fibre | 0.4 g | 1 g | | Proteine | 13.86 g | 34.65 g | | Sare | 0.7 g | 1.75 g | | |

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| **Porc - Pork - Maiale** |
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| **Muschiulet de porc la gratar cu sos de mustar - Pork tenderloin with mustard sauce** |
| **Filetto di maiale alla griglia con salsa di senape (250g)**  **INGREDIENTE** Carne porc muschi file 66.2%, Mustar dulce 11%, Smântână dulce 11%, Ulei de masline 11%, Sare de masa 0.4%,  Piper alb 0.2%  **ADITIVI:**  Stabilizatori E 407 Caragenan, Agenți de îngroșare E 415 Gumă de xantan, Conservanți E 224 Metabisulfit  de potasiu, Coloranți E 160a Caroteni  Alergeni: mustar, smantana dulce   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 939kj / 224.35 kcal | 2347.5 kj / 560.87 kcal | | Grasimi | 17.76 g | 44.4 g | | din care saturate | 3.03 g | 7.57 g | | Glucide | 2.41 g | 6.02 g | | din care zaharuri | 1.82 g | 4.55 g | | Fibre | 0.05 g | 0.12 g | | Proteine | 14.63 g | 36.57 g | | Sare | 0.64 g | 1.6 g | |
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| **Şniţel porc - Pork schnitzel - Cotoletta di maiale (250g)**  **INGREDIENTE** Carne porc muschi file 40%, Ulei floarea soarelui 27.2%, Faina alba 14.5%, Ou 9%, Pesmet 9%  Alergeni: gluten, ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 1549kj / 370.19 kcal | 3872.5 kj / 925.47 kcal | | Grasimi | 27.5 g | 68.75 g | | din care saturate | 3.02 g | 7.55 g | | Glucide | 17.82 g | 44.55 g | | din care zaharuri | 0.59 g | 1.47 g | | Fibre | 0.4 g | 1 g | | Proteine | 11.96 g | 29.9 g | | Sare | 0.07 g | 0.17 g | |
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| **Şniţel porc "Cucina di casa" - Pork schnitzel "Cucina di casa"** |
| **Cotoletta di maiale "Cucina di casa" (300g)** |
| file porc-200g, sunca, mozzarella |
| pork loin-200g, ham, mozzarella |
| filetto di maiale-200g, prosciutto cotto  **INGREDIENTE** Carne porc muschi file 41.2%, Ulei floarea soarelui 28.1%, Șuncă presată 11.2%, Mozzarella 9.3%, Pesmet 9.3%,  Faina alba 0.5%  **ADITVI:**  Corectori de aciditate E 330 Acid citric, E 451 Trifosfați, Amidonuri modificate E 1422 Adipat de diamidon  acetilat, Antioxidanți E 301 Ascorbat de sodiu, Conservanți E 250 Nitrit de sodiu  Alergeni: lapte, gluten   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 1472kj / 351.72 kcal | 4416 kj / 1055.16 kcal | | Grasimi | 29.15 g | 87.45 g | | din care saturate | 3.92 g | 11.76 g | | Glucide | 8 g | 24 g | | din care zaharuri | 0.74 g | 2.22 g | | Fibre | 0.42 g | 1.26 g | | Proteine | 13.73 g | 41.19 g | | Sare | 0.45 g | 1.35 g | |
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| **Snitel porc "Taranesc" - "Rustic" pork schnitzel** |
| **Cotoletta di maiale alla contadina (300g)** |
| file porc-200g, ou ochi, sos de smantana si ciuperci |
| pork loin-200g, fried egg, sour cream and mushrooms sauce |
| filetto di maiale-200g, uovo fritto, salsa di panna e funghi  **INGREDIENTE** file de porc 34.1%, Ulei floarea soarelui 24.3%, Ou 16.5%, Ciuperci champignon 8.1%, Pesmet 8.1%,  Smantana dulce 8.1%, Sare de masa 0.4%  **ADITVI:** Stabilizatori E 407 Caragenan  Alergeni: ou, gluten, soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 1326kj / 316.85 kcal | 3978 kj / 950.55 kcal | | Grasimi | 27.43 g | 82.29 g | | din care saturate | 3.31 g | 9.93 g | | Glucide | 6.89 g | 20.67 g | | din care zaharuri | 0.78 g | 2.34 g | | Fibre | 0.54 g | 1.62 g | | Proteine | 10.69 g | 32.07 g | | Sare | 0.64 g | 1.92 g | |
|  |
| **File de porc la grătar - Grilled pork - Bracciola di maiale (250g)** |
| file porc-200g, sos de smantana si ciuperci |
| pork tenderloin-200g, sour cream sauce and mushrooms |
| filetto di maiale-200g, salsa di panna e funghi  **INGREDIENTE** Carne porc muschi file 75.4%, Ulei de masline 12.5%, Ciuperci champignon 5.5%, Smântână dulce 5.5%,  Sare de masa 0.8%  **ADITIVI:**  Stabilizatori E 407 Caragenan Alergeni: soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 898kj / 214.74 kcal | 2245kj / 536.85 kcal | | Grasimi | 17.17 g | 42.92 g | | din care saturate | 1.51 g | 3.77 g | | Glucide | 0.41 g | 1.02 g | | din care zaharuri | 0.26 g | 0.65 g | | Fibre | 0.12 g | 0.3 g | | Proteine | 16.06 g | 40.15 g | | Sare | 0.84 g | 2.1 g | |
|  |
| **Coaste de porc - Pork ribs - Costolette di maiale (600g) - IN FIECARE MARTI** |
| coaste de porc-500g, cartofi prajiti, sos sweet chilli, sos barbecue |
| pork ribs-500g, french fries-250g, sweet chilli sauce, barbecue sauce |
| costolette di maiale-500g, patate fritte, sweet chilli salsa, barbecue salsa  **INGREDIENTE** Cartofi albi 36.3%, Coasta de porc 36.3%, Sos de soia 5.4%, Suc de mere 4.5%, Ketchup 3.1%, Otet alimentar 2.7%,  Zahar brun 2.7%, Barbeque Sauce 2.2%, Sweet chilli sauce 2.2%, Ceapa rosie 1.3%, Mustar dulce 0.9%, Chilli 0.9%,  Usturoi uscat 0.9%,  **ADITIVI:** Agenți de îngroșare E 415 Gumă de xantan, Conservanți E 224 Metabisulfit de potasiu, Coloranți E 160a  Caroteni, Amidonuri modificate E 1422 Adipat de diamidon acetilat  Alergeni: soia, mustar   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***600 g*** | | Valoare energetica | 561kj / 134.06 kcal | 3366kj /804.36 kcal | | Grasimi | 4.11 g | 24.66 g | | din care saturate | 0.01 g | 0.06 g | | Glucide | 15.41 g | 92.46 g | | din care zaharuri | 8 g | 48 g | | Fibre | 1.02 g | 6.12 g | | Proteine | 8.42 g | 50.52 g | | Sare | 0.88 g | 5.28 g | |
|  |
| **Porc asiatic - Asian pork - Maiale asiatico (250g)** |
| file porc-150g, orez basmati, ceapa, ardei iute, sos de soia |
| pork loin-150g, basmati rice, onion, hot pepper, soy sauce |
| filetto di maiale-150g, riso basmati, cipolla, peperoncini, salsa di soia  **INGREDIENTE** Carne porc muschi file 29.8%, Sos de soia 17.9%, Ulei floarea soarelui 14.9%, Ceapa rosie 11.9%, Ceapa 11.9%,  Orez bob lung 11.9%, Usturoi uscat 1.4%.  Alergeni: soia   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 993kj / 237.29 kcal | 2482.5 kj / 593.22 kcal | | Grasimi | 16.13 g | 40.32 g | | din care saturate | 1.38 g | 3.45 g | | Glucide | 13.5 g | 33.75 g | | din care zaharuri | 1.11 g | 2.77 g | | Fibre | 0.54 g | 1.35 g | | Proteine | 9.97 g | 24.92 g | | Sare | 0 g | 0 g |      |  | | --- | | **Vită - Beef - Manzo** | |  | | **Mușchi de vită la grătar - Beef tenderloin grilled - Manzo alla griglia (250g)**  **INGREDIENTE** Muschi de vita 76.4%, Unt14.1%, Ulei de masline 8.4%, Sare de masa 0.8%  Alergeni: derivate din lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 1423kj / 340 kcal | 3557.5 kj / 850 kcal | | Grasimi | 31.58 g | 78.95 g | | din care saturate | 7.36 g | 18.4 g | | Glucide | 0.08 g | 0.2 g | | din care zaharuri | 0.08 g | 0.2 g | | Fibre | 0.07 g | 0.17 g | | Proteine | 14.61 g | 36.52 g | | Sare | 0.87 g | 2.17 g | | |  | | **Mușchi de vită cu sos de piper verde - Beef tenderloin with green pepper sauce** | | **Manzo con salsa di pepe verde (250g)**  **INGREDIENTE** Muschi de vita 59.7%, Smântână dulce 22.1%, Unt 11%, Coniac 2.2%, Piper alb 2.2%, Sos Worchester 2.2%,  Sare de masa 0.4%  **ADITIVI:** Stabilizatori E 407 Caragenan  Alergeni: soia, lapte, derivate din peste   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 1260kj / 301.03 kcal | 3150 kj / 752.57 kcal | | Grasimi | 26.05 g | 65.12 g | | din care saturate | 11.74 g | 29.35 g | | Glucide | 2.66 g | 6.65 g | | din care zaharuri | 1.03 g | 2.57 g | | Fibre | 0.63 g | 1.57 g | | Proteine | 12.08 g | 30.2 g | | Sare | 0.54 g | 1.35 g | | |  | | **Mușchi de vită cu patru feluri de brânză - Beef tenderloin with four cheese** | | **Filetto ai quattro formaggi (250g)**  **INGREDIENTE** Muschi de vita 55.1%, Smântână dulce 24.4%, Branza mucegai 8.1%, Branza Brie 4%, Parmezan 4%,  Ulei de masline 4%  **ADITIVI:**  Conservanți E 1105 Lizozim, Stabilizatori E 407 Caragenan  Alergeni: lapte, soia, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 1232kj / 294.55 kcal | 3080 kj / 736.37 kcal | | Grasimi | 25.84 g | 64.6 g | | din care saturate | 9.56 g | 23.9 g | | Glucide | 0.8 g | 2 g | | din care zaharuri | 0.66 g | 1.65 g | | Fibre | 0 g | 0 g | | Proteine | 14.91 g | 37.27 g | | Sare | 0.15 g | 0.37 g | | |  | | **Muschi de vita cu sos de trufe - Manzo al tartufo (250g)**  **INGREDIENTE** Muschi de vita 72.9%, Smântână dulce 13.5%, Trufe 5.4%, Unt 5.4%, Ulei de masline 2.7%,  **ADITIVI:** Stabilizatori E 407 Caragenan  Alergeni: soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 1250kj / 298.83 kcal | 3125 kj / 747.07 kcal | | Grasimi | 25.49 g | 63.72 g | | din care saturate | 8.37 g | 20.92 g | | Glucide | 2.53 g | 6.32 g | | din care zaharuri | 2.18 g | 5.45 g | | Fibre | 0.02 g | 0.05 g | | Proteine | 14.41 g | 36.02 g | | Sare | 0.03 g | 0.07 g | | |  | | **Vita asiatica - Asian beef - Manzo asiatico (250g)** | | muschi de vita-150g, orez basmati, morcovi, telina, castraveti, ardei iute, usturoi, sos de soia | | beef tenderloin-150g, basmati rice, carrots, celery, cucumber, hot peppers, garlic, soya sauce | | manzo-150g, riso basmati, carota, sedano, cetriolo, peperoncini, aglio, salsa di soia  **INGREDIENTE** Muschi de vita 28%, Sos de soia 19.8%, Castraveti 13.2%, Orez bob lung 13.2%, Telina 13.2%, Morcovi 9%,  Ulei de masline 3.3%  Alergeni: soia, telina   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 653kj / 156.04 kcal | 1632.5 kj / 390.1 kcal | | Grasimi | 7.78 g | 19.45 g | | din care saturate | 0.05 g | 0.12 g | | Glucide | 13.05 g | 32.62 g | | din care zaharuri | 0.95 g | 2.37 g | | Fibre | 0.53 g | 1.32 g | | Proteine | 9.15 g | 22.87 g | | Sare | 0.01 g | 0.02 g | | |  | | **Şniţel Vită - Beef schnitzel - Cotoletta di manzo (200g)**  **INGREDIENTE** Muschi de vita 36.1%, Ulei floarea soarelui 31.9%, Faina alba 10.6%, Ou 10.6%, Pesmet 10.6%  Alergeni: ou, gluten, soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 1806kj / 431.56 kcal | 3612 kj / 863.12 kcal | | Grasimi | 35.95 g | 71.9 g | | din care saturate | 3.53 g | 7.06 g | | Glucide | 15.99 g | 31.98 g | | din care zaharuri | 0.69 g | 1.38 g | | Fibre | 0.47 g | 0.94 g | | Proteine | 10.38 g | 20.76 g | | Sare | 0.09 g | 0.18 g | | |  | | **Snitel vita "Taranesc” - Cotoletta di manzo "Contadino" (250g)** | | muschi de vita-150g, ou ochi, sos smantana si ciuperci | | beef tenderloin-150g, fried egg, sour cream sauce and mushrooms | | manzo-150g, uova fritta, salsa di panna e funghi  **INGREDIENTE** Muschi de vita 29.7%, Ulei floarea soarelui 26.2%, Ou 17.8%, Ciuperci champignon 8.7%, Pesmet 8.7%,  Smantana dulce 8.7%  **ADITVI:**  Stabilizatori E 407 Caragenan  Alergeni: ou, gluten, soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 1521 kj / 363.45 kcal | 3802.5 kj / 908.62 kcal | | Grasimi | 32.98 g | 82.45 g | | din care saturate | 3.19 g | 7.97 g | | Glucide | 7.25 g | 18.12 g | | din care zaharuri | 0.8 g | 2 g | | Fibre | 0.58 g | 1.45 g | | Proteine | 9.18 g | 22.95 g | | Sare | 0.08 g | 0.2 g | | |  | | **Burger** | |  | | **Clasic Burger (500g)** | | carne maturata de vita-200g, chifla facuta in casa, cartofi prajiti cu trufe si parmezan, ceapa caramelizata, | | castraveti murati, rosie, valeriana, sosul casei, kectchup | | aged beef-200g, homemade bread, truffle french fries with parmesan, onion, pickles, tomato, valerian, | | homemade sauce, ketchup | | manzo-150g, pane di casa, patate fritte con tartufo e parmigiano, cipolla, sottaceti, pomodori, valerian, | | salsa di casa, ketchup  **INGREDIENTE** Cartofi albi 57%, Carne Burger 14.2%, Ceapa rosie 5.7%, Ketchup 4.9%, Ulei floarea soarelui 4.9%, Muraturi 3.5%,  Rosii 3.5%, Smantana 2.1%, Parmezan 1.4%, Vin alb de masa 1.4%, Ulei trufe 0.7%, Sare de masa 0.1%, Rucola 0%  **ADITIVI:** Agenți de îngroșare E 415 Gumă de xantan, Conservanți E 224 Metabisulfit de potasiu, E 1105 Lizozim,  Coloranți E 160a Caroteni  Alergeni: lapte, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***500 g*** | | Valoare energetica | 546kj / 130.43 kcal | 2730kj / 652.15 kcal | | Grasimi | 7.48 g | 37.4 g | | din care saturate | 1.49 g | 7.45 g | | Glucide | 11.27 g | 56.35 g | | din care zaharuri | 1.08 g | 5.4 g | | Fibre | 1.5 g | 7.5 g | | Proteine | 4.34 g | 21.7 g | | Sare | 0.26 g | 1.3 g | | |  | | **Cheeseburger (520g)** | | carne maturata de vita-200g, chifla facuta in casa, cartofi prajiti cu trufe si parmezan, ceapa caramelizata, | | cheddar, castraveti murati, rosie, valerian, sosul casei, kectchup | | aged beef-200g, homemade bread, truffle french fries with parmesan, onion, pickles, tomato, valerian, | | cheddar, homemade sauce, ketchup | | manzo-150g, pane di casa, patate fritte con tartufo e parmigiano, cipolla, sottaceti, pomodori, valerian, | | cheddar, salsa di casa, ketchup  **INGREDIENTE** Cartofi albi 53.9%, Carne Burger 13.4%, Ceapa rosie 5.3%, Ketchup 4.7%, Ulei floarea soarelui 4.7%,  Branza Cheddar 3.3%, Muraturi 3.3%, Rosii 3.3%, Muștar 2%, Smantana 2%, Parmezan 1.3%,  Vin alb de masa 1.3%, Ulei trufe 0.6%, Sare de masa 0.2%, Rucola 0%  **ADITIVI:** Coloranți E 160b Annatto, bixină, norbixină, E 160a Caroteni, Agenți de îngroșare E 415 Gumă de xantan, Conservanți E 224 Metabisulfit de potasiu, E 1105 Lizozim  Alergeni: mustar, lapte, sulfiti, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***520 g*** | | Valoare energetica | 584kj / 139.66 kcal | 3036.8kj / 726.23 kcal | | Grasimi | 8.29 g | 43.1 g | | din care saturate | 2.13 g | 11.07 g | | Glucide | 11 g | 57.2 g | | din care zaharuri | 1.24 g | 6.44 g | | Fibre | 1.47 g | 7.64 g | | Proteine | 5.03 g | 26.15 g | | Sare | 0.38 g | 1.97 g | | |  | | **"Cucina di casa" Burger (540g)** | | carne maturata de vita-200g, chifla facuta in casa, cartofi prajiti cu trufe si parmezan, ceapa caramelizata, | | cheddar, bacon, castraveti murati, rosie, valerian, sosul casei, kectchup | | aged beef-200g, homemade bread, truffle french fries with parmesan, onion, pickles, tomato, valerian, | | cheddar, bacon, homemade sauce, ketchup | | manzo-150g, pane di casa, patate fritte con tartufo e parmigiano, cipolla, sottaceti, pomodori, valerian, | | cheddar, bacon, salsa di casa, ketchup  **INGREDIENTE** Cartofi albi 49.5%, Carne Burger 14.1%, Ceapa rosie 5.6%, Ketchup 4.9%, Ulei floarea soarelui 4.9%, Bacon 3.5%,  Branza Cheddar 3.5%, Muraturi 3.5%, Rosii 3.5%, Mustar dulce 2.1%, Parmezan 1.4%, Vin alb de masa 1.4%,  Smantana 0.7%, Ulei trufe 0.7%, Sare de masa 0.1%, Rucola 0.1%  **ADITIVI:** Stabilizatori E 339 Fosfați de sodiu, E 407 Caragenan, Antioxidanți E 316 Eritorbat de sodiu,  Potențiatori de aromă E 621 Monoglutamat de sodiu, E 635 5′-ribonucleotide disodice, Conservanți E 250 Nitrit  de sodiu, E 224 Metabisulfit de potasiu, E 1105 Lizozim, Coloranți E 160b Annatto, bixină, norbixină, E 160a  Caroteni, Agenți de îngroșare E 415 Gumă de xantan  Alergeni: mustar, lapte, derivate din ou, sulfiti, poate contine urme de soia, fructe cu coaja tare, telina   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***540 g*** | | Valoare energetica | 623kj / 148.94 kcal | 3364kj / 804.27 kcal | | Grasimi | 9.42 g | 50.86 g | | din care saturate | 2.23 g | 12.04 g | | Glucide | 10.21 g | 55.13 g | | din care zaharuri | 1.13 g | 6.1 g | | Fibre | 1.32 g | 7.12 g | | Proteine | 5.59 g | 30.18 g | | Sare | 0.36 g | 1.94 g | | |

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| **Garnituri - Side Dishes - Contorni** |
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| **Cartofi prăjiţi - French fries - Patate fritte (200g)**  **INGREDIENTE** Cartofi albi 92.6%, Ulei floarea soarelui 6.9%, Sare de masa 0.3%   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 508kj / 121.46 kcal | 1016kj / 242.92 kcal | | Grasimi | 6.47 g | 12.94 g | | din care saturate | 0.68 g | 1.36 g | | Glucide | 14.56 g | 29.12 g | | din care zaharuri | 1.06 g | 2.12 g | | Fibre | 2.22 g | 4.44 g | | Proteine | 1.55 g | 3.1 g | | Sare | 0.36 g | 0.72 g | |
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| **Cartofi prajiti cu aroma de trufe si parmezan - Truffle french fries with parmesan** |
| **Patate fritte con tartufo e parmigiano (200g)** |
| **INGREDIENTE** Cartofi albi 89.5%, Ulei floarea soarelui 5.5%, Parmezan 2.2%, Ulei trufe 2.2%, Sare de masa 0.3%,  **ADITIVI:** Conservanți E 1105 Lizozim  Alergeni: lapte, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 570kj / 136.31 kcal | 1140kj / 272.62 kcal | | Grasimi | 7.93 g | 15.86 g | | din care saturate | 1.25 g | 2.5 g | | Glucide | 14.16 g | 28.32 g | | din care zaharuri | 1.05 g | 2.1 g | | Fibre | 2.15 g | 4.3 g | | Proteine | 2.36 g | 4.72 g | | Sare | 0.38 g | 0.76 g | |
| **Piure de cartofi - Mashed potatoes - pure di patate (200g)**  **INGREDIENTE** Cartofi albi 92%, Lapte 4.6%, Unt3%, Sare de masa 0.3%  Alergeni: lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 370kj / 88.37 kcal | 740 kj / 176.74 kcal | | Grasimi | 2.67 g | 5.34 g | | din care saturate | 1.65 g | 3.3 g | | Glucide | 14.68 g | 29.36 g | | din care zaharuri | 1.28 g | 2.56 g | | Fibre | 2.22 g | 4.44 g | | Proteine | 1.69 g | 3.38 g | | Sare | 0.32 g | 0.64 g | |
|  |
| **Cartofi la cuptor cu rozmarin - Patate con rosmarino (300g)** |
| cu rosii cherry, morcovi, masline, usturoi, rozmarin |
| with cherry tomatoes, carrots, olives, garlic, rosemary |
| con pomodorini, carota, olive, aglio, rosmarino  **INGREDIENTE** Cartofi albi 82.3%, Morcovi 6.1%, Rosii cherry 5.1%, Măsline 3%, Ulei de masline 2%, Rozmarin uscat 0.5%,  Usturoi uscat 0.5%, Sare de masa 0.2%  **ADITIVI:** Corectori de aciditate E 270 Acid lactic, Conservanți E 202 Sorbat de potasiu     |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 354kj / 84.69 kcal | 1062kj / 254.07 kcal | | Grasimi | 2.63 g | 7.89 g | | din care saturate | 0.12 g | 0.36 g | | Glucide | 14.44 g | 43.32 g | | din care zaharuri | 1.25 g | 3.75 g | | Fibre | 2.48 g | 7.44 g | | Proteine | 1.63 g | 4.89 g | | Sare | 0.3 g | 0.9 g | |
|  |
| **Legume la grătar - Grilled vegetables - Verdure alla griglia (200g)** |
| vinete, dovlecei, ciuperci, ardei gras, ceapa rosie |
| eggplant, pumpkins, mushrooms, peppers, onion |
| melanzane, zucchini, funghi, pepe, cipolla  **INGREDIENTE** Dovlecei 28%, Vinete 28%, Ardei gras 14%, Ceapa rosie 14%, Ciuperci champignon 11.2%, Otet balsamic 1.9%,  Ulei de masline 1.9%, Sare de masa 0.5%, Piper alb 0.2%  Alergeni: soia, lapte, gluten, telina   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 167kj / 39.89 kcal | 334 kj / 79.78 kcal | | Grasimi | 2.14 g | 4.28 g | | din care saturate | 0.02 g | 0.04 g | | Glucide | 4.97 g | 9.94 g | | din care zaharuri | 2.14 g | 4.28 g | | Fibre | 2.02 g | 4.04 g | | Proteine | 1.12 g | 2.24 g | | Sare | 0.56 g | 1.12 g | |
|  |
| **Broccoli gratinat la cuptor - Baked Broccoli - Broccoli al forno (200g)** |
| sos de smantana si branza cu mucegai, mozzarella |
| sour cream gorgonzola sauce, mozzarella |
| salsa di panna e gorgonzola, mozzarella  **INGREDIENTE** Broccoli 58.3%, Smântână dulce 25%, Branza mucegai 8.3%, Mozzarella 8.3%  **ADITIVI:** Stabilizatori E 407 Caragenan, Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422  Adipat de diamidon acetilat  Alergeni: lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 651kj / 155.58 kcal | 1302kj / 311.16 kcal | | Grasimi | 12.98 g | 25.96 g | | din care saturate | 9.21 g | 18.42 g | | Glucide | 4.9 g | 9.8 g | | din care zaharuri | 0.7 g | 1.4 g | | Fibre | 0 g | 0 g | | Proteine | 5.75 g | 11.5 g | | Sare | 0.12 g | 0.24 g | |
|  |
| **Orez basmati cu legume - Basmati riso con verdure (250g)**  **INGREDIENTE** Orez bob lung 36%, Castraveti 27%, Ardei gras 22.5%, Morcovi 9%, Telina 4.5%, Sare de masa 0.9%  Alergeni: telin   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***150 g*** | | Valoare energetica | 585kj / 139.72 kcal | 877.5 kj / 209.58 kcal | | Grasimi | 0.61 g | 0.91 g | | din care saturate | 0.15 g | 0.22 g | | Glucide | 30.22 g | 45.33 g | | din care zaharuri | 1.81 g | 2.82 g | | Fibre | 0.84 g | 1.26 g | | Proteine | 3.36 g | 5.04 g | | Sare | 0.91 g | 1.36 g | |
|  |
| **Orez basmati - Basmati rice - Basmati riso (200g)**  **INGREDIENTE** Orez bob lung 100%   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***100 g*** | | Valoare energetica | 1473kj / 352 kcal | 1473kj / 352 kcal | | Grasimi | 1.44 g | 1.44 g | | din care saturate | 0.37 g | 0.37 g | | Glucide | 75.53 g | 75.53 g | | din care zaharuri | 0.95 g | 0.95 g | | Proteine | 7.99 g | 7.99 g | | Sare | 0 g | 0 g | |
|  |
| **Spanac - Spinach - Spinaci (200g)**  **INGREDIENTE** Spanac congelat 74.2%, Smantana dulce 18.5%, Unt5.5%, Usturoi 1.2%, Sare de masa 0.3%,  **ADITVI:** Stabilizatori E 407 Caragenan  Alergeni: soia, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 543kj / 129.89 kcal | 1086 kj / 259.78 kcal | | Grasimi | 10.8 g | 21.6 g | | din care saturate | 3.04 g | 6.08 g | | Glucide | 4.61 g | 9.22 g | | din care zaharuri | 0.41 g | 0.82 g | | Fibre | 2.79 g | 5.58 g | | Proteine | 3.54 g | 7.08 g | | Sare | 0.45 g | 0.9 g | |
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| **Paine - Bread - Pane** |
|  |
| **Pâinea casei - House bread - Pane di casa (200g)**  **INGREDIENTE** Faina alba 92.2%, Ulei de masline 3.3%, Zahar 2.4%, Drojdie proaspata 0.9%, Sare de masa 0.9%  Alergeni: gluten   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***206 g*** | | Valoare energetica | 1567kj / 374.45 kcal | 3227kj / 771.37 kcal | | Grasimi | 4.33 g | 8.93 g | | din care saturate | 0 g | 0 g | | Glucide | 72.97 g | 150.32 g | | din care zaharuri | 2.42 g | 4.99 g | | Fibre | 0 g | 0 g | | Proteine | 9.57 g | 19.73 g | | Sare | 0.97 g | 2 g | |
|  |
| **Focaccia (200g)**  **INGREDIENTE** Faina alba 95.8%, Zahar 2%, Sare de masa 1.2%, Drojdie proaspata 0.8%  Alergeni: gluten   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***180 g*** | | Valoare energetica | 1498kj / 358.03 kcal | 2696kj / 644.45 kcal | | Grasimi | 0.97 g | 1.74 g | | din care saturate | 0 g | 0 g | | Glucide | 75.35 g | 135.63 g | | din care zaharuri | 2.07 g | 3.72 g | | Fibre | 0 g | 0 g | | Proteine | 9.93 g | 17.87 g | | Sare | 1.25 g | 3 g | |
|  |
| **Focaccia cu usturoi - Focaccia with garlic - Focaccia con aglio (200g)**  **INGREDIENTE** Faina alba 93.8%, usturoi 2%, Zahar 2%, Sare de masa 1.2%, Drojdie proaspata 0.8%  Alergeni: gluten   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***180 g*** | | Valoare energetica | 1498kj / 358.03 kcal | 2696kj / 644.45 kcal | | Grasimi | 0.97 g | 1.74 g | | din care saturate | 0 g | 0 g | | Glucide | 75.35 g | 135.63 g | | din care zaharuri | 2.07 g | 3.72 g | | Fibre | 0 g | 0 g | | Proteine | 9.93 g | 17.87 g | | Sare | 1.25 g | 3 g | |
|  |
| **Focaccia cu parmezan - Focaccia con parmigiano (200g)**  **INGREDIENTE** Faina alba 88.4%, Parmezan 7.6%, Zahar 1.9%, Sare de masa 1.1%, Drojdie proaspata 0.7%,  **ADITIVI:** Conservanți E 1105 Lizozim  Alergeni: gluten, lapte, derivate din lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 1522kj / 363.65 kcal | 3044kj / 727.3 kcal | | Grasimi | 3.09 g | 6.18 g | | din care saturate | 1.33 g | 2.66 g | | Glucide | 69.86 g | 139.72 g | | din care zaharuri | 1.98 g | 3.96 g | | Fibre | 0 g | 0 g | | Proteine | 12.13 g | 24.26 g | | Sare | 1.27 g | 2.54 g | |
|  |
| **Focaccia cu usturoi si parmezan - Focaccia with garlic and parmesan (200g)**  **Focaccia con aglio e parmigiano**  **INGREDIENTE** Faina alba 86.4%, Parmezan 7.6%, usturoi 2%, Zahar 1.9%, Sare de masa 1.1%, Drojdie proaspata 0.7%,  **ADITIVI:** Conservanți E 1105 Lizozim  Alergeni: gluten, lapte, derivate din lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 1522kj / 363.65 kcal | 3044kj / 727.3 kcal | | Grasimi | 3.09 g | 6.18 g | | din care saturate | 1.33 g | 2.66 g | | Glucide | 69.86 g | 139.72 g | | din care zaharuri | 1.98 g | 3.96 g | | Fibre | 0 g | 0 g | | Proteine | 12.13 g | 24.26 g | | Sare | 1.27 g | 2.54 g | |
|  |
| **Pâine - Bread - Pane (150g)** |

**INGREDIENTE**  
Paine Toast 100%

Alergeni: gluten

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| **DECLARATIE NUTRITIONALA** | | |
|  | ***100g*** | ***100 g*** |
| Valoare energetica | 1067kj / 255 kcal | 1067kj / 255 kcal |
| Grasimi | 2.1 g | 2.1 g |
| din care saturate | 0.6 g | 0.6 g |
| Glucide | 50 g | 50 g |
| din care zaharuri | 2.2 g | 2.2 g |
| Fibre | 2 g | 2 g |
| Proteine | 8.1 g | 8.1 g |
| Sare | 1.3 g | 1.3 g |

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| **Salate - Salads – Insalate** |
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| **Salata "Cucina di casa" - "Cucina di casa" salad - Insalata Cucina di casa (350g)** |
| salata iceberg, branza de capra, rosii cherry, ceapa rosie, morcovi, crutoane |
| iceberg salad, goat cheese, cherry tomatoes, onion, carrots, croutons |
| iceberg, formaggi di capra, pomodorini, cipolla, carota, crostini  **INGREDIENTE** Salata iceberg 37.3%, Lamaie 12.4%, Rosii cherry 12.4%, Ceapa rosie 9.9%, Telemea de capra 9.3%,  Paine Toast 6.2%, Morcovi 4.3%, Smantana 3.7%, Mustar boabe 2.4%, Otet balsamic 0.8%, Ulei de masline 0.6%,  Sare de masa 0.2%  **ADITVI:**  Corectori de aciditate E 330 Acid citric, Coloranți E 100 Curcumină  Alergeni: lapte, gluten, mustar   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 317kj / 75.85 kcal | 1109.5 kj / 265.47 kcal | | Grasimi | 3.92 g | 13.72 g | | din care saturate | 1.49 g | 5.21 g | | Glucide | 7.35 g | 25.72 g | | din care zaharuri | 1.82 g | 6.37 g | | Fibre | 1.22 g | 4.27 g | | Proteine | 3.01 g | 10.53 g | | Sare | 0.68 g | 2.38 g | |
|  |
| **Salată Caesar - Caesar salad - Insalata Caesar (350g)** |
| salata iceberg, anchoise, piept de pui, mustar dijon, maioneza, crutoane |
| iceberg salad, file d`anchoise, chicken breast, dijon mustard, mayonnaise, croutons |
| iceberg, file d'anchoise, petto di pollo, mostarda dijon, maionese, crostini  **INGREDIENTE** Salata 47.4%, Piept de Pui 23.7%, Paine Toast 7.9%, Lamaie 7.9%, Mustar dulce 4.7%, Ulei floarea soarelui 3.1%,  Ou 2.3%, ansoa 1.5%, Ulei de masline 0.7%, Sare de masa 0.3%,  **ADITVI:** Agenți de îngroșare E 415 Gumă de xantan, Conservanți E 224 Metabisulfit de potasiu, Coloranți E 160a  Caroteni  Alergeni: gluten, mustar, ou, peste   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 438kj / 104.79 kcal | 1533 kj / 366.76 kcal | | Grasimi | 5.55 g | 19.42 g | | din care saturate | 0.68 g | 2.38 g | | Glucide | 5.87 g | 3.5 g | | din care zaharuri | 0.66 g | 2.31 g | | Fibre | 1.28 g | 4.48 g | | Proteine | 7.63 g | 26.7 g | | Sare | 0.64 g | 2.24 g | |
|  |
| **Salată santorini - Santorini salad - Insalata Santorini (350g)** |
| salata iceberg, sunca, ou fiert, branza cu mucegai, rosii, ardei gras, ceapa rosie, ciuperci, morcovi, rosii focaccia |
| iceberg salad, ham, boiled egg, gorgonzola, tomatoes, peppers, onion, mushrooms, carrots, tomatoes, focaccia |
| iceberg, prosciutto cotto, uovo sodo, gorgonzola, pomodori, pepe, cipolla, funghi, carota, pomodori, focaccia  **INGREDIENTE** Salata iceberg 37.7%, Faina alba 10.8%, Ciuperci champignon 9.4%, Rosii 9.4%, Ceapa rosie 8.4%, Ou 5.6%, Șuncă presată 5.6%, Ardei gras 4.7%, Branza mucegai 3.7%, Ulei de masline 1.8%, Morcovi 0.9%, Otet balsamic 0.6%,  Sare de masa 0.3%, Zahar 0.2%, Drojdie proaspata 0%  **ADITVI:**  Corectori de aciditate E 451 Trifosfați, Antioxidanți E 301 Ascorbat de sodiu, Conservanți E 250  Nitrit de sodiu  Alergeni: gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 410kj / 97.99 kcal | 1435 kj / 342.96 kcal | | Grasimi | 3.94 g | 13.79 g | | din care saturate | 0.95 g | 3.32 g | | Glucide | 11.69 g | 40.91 g | | din care zaharuri | 1.75 g | 6.12 g | | Fibre | 0.87 g | 3.04 g | | Proteine | 4.11 g | 14.38 g | | Sare | 0.53 g | 1.85 g | |
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| **Salata cu creveti - Shrimps salad - Insalata con gamberetti (350g)** |
| salata iceberg, creveti decorticati, brie, rucola, mar verde, focaccia |
| iceberg salad, shrimps, brie, rucola, green apple, focaccia |
| iceberg, gamberetti, brie, rucola, mela, focaccia  **INGREDIENTE** Mere 30.3%, Salata iceberg 30.3%, Creveti 22.2%, Faina alba 11.6%, Branza Brie 3%, Ketchup 1%,  Otet balsamic 0.7%, Zahar 0.3%, Sare de masa 0.2%, Drojdie proaspata 0.1%  Alergeni: crustacee, gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 405kj / 96.91 kcal | 1417.5 kj / 339.18 kcal | | Grasimi | 1.33 g | 4.65 g | | din care saturate | 0.58 g | 2.03 g | | Glucide | 14.46 g | 50.61 g | | din care zaharuri | 3.96 g | 13.86 g | | Fibre | 0.97 g | 3.39 g | | Proteine | 6.9 g | 24.15 g | | Sare | 0.32 g | 1.12 g | |
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| **Salata Caprese - Caprese salad - Insalata Caprese (250g)** |
| mozzarella de bivolita, rosii cherry, oregano, busuioc, ulei de masline |
| buffalo mozzarella, cherry tomatoes, oregano, basil, olive oil |
| mozzarella di bufala, pomodorini, oregano, basilico, olio d'oliva  **INGREDIENTE** Rosii cherry 65.5%, Mozzarella di bufala 27.2%, Ulei de masline 6.5%, Busuioc 0.4%, Oregano 0.2%  Alergeni: lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***250 g*** | | Valoare energetica | 566kj / 135.27 kcal | 1415 kj / 338.17 kcal | | Grasimi | 12.3 g | 30.75 g | | din care saturate | 3.82 g | 9.55 g | | Glucide | 2.9 g | 7.25 g | | din care zaharuri | 0.14 g | 0.35 g | | Fibre | 0.94 g | 2.35 g | | Proteine | 4.7 g | 11.75 g | | Sare | 0.2 g | 0.5 g | |
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| **Salata taraneasca - Rustic salad - Insalata campaniola (350g)** |
| salata iceberg, castraveti, ardei gras, rosii, rucola, ceapa rosie, mozzarella, masline, sunca, parmezan, focaccia |
| iceberg salad, cucumbers, pepper, tomatoes, rucola, onion, mozzarella, olives, ham, parmesan, focaccia |
| iceberg, cetrioli, pepe, pomodori, rucola, cipolla, mozzarella, olive, prosciutto cotto, parmigiano, focaccia  **INGREDIENTE** Salata iceberg 29.9%, Faina alba 11.4%, Rosii 10.9%, Ceapa rosie 8.9%, Castraveti 7.9%, Șuncă presată 5.9%,  Ardei gras 4.9%, Măsline 4.9%, Mozzarella 4.9%, Rucola 2.9%, Ulei de masline 2.9%, Parmezan 1.9%,  Otet balsamic 0.6%, Sare de masa 0.4%, Zahar 0.2%, Drojdie proaspata 0.1%,  **ADITVI:** Corectori de aciditate E 270 Acid lactic, E 330 Acid citric, E 451 Trifosfați, Conservanți E 202  Sorbat de potasiu, E 1105 Lizozim, E 250 Nitrit de sodiu, Amidonuri modificate E 1422 Adipat de diamidon acetilat, Antioxidanți E 301 Ascorbat de sodiu  Alergeni: gluten, lapte, derivate din ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***350 g*** | | Valoare energetica | 483kj / 115.49 kcal | 1690.5 kj / 404.21 kcal | | Grasimi | 5.42 g | 18.97 g | | din care saturate | 1.04 g | 3.64 g | | Glucide | 12.11 g | 42.38 g | | din care zaharuri | 1.77 g | 6.19 g | | Fibre | 0.69 g | 2.41 g | | Proteine | 4.82 g | 16.87 g | | Sare | 0.86 g | 3.01 g | |
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| **Salata mixta - Mixed salad - Insalata mista (300g)** |
| salata iceberg, rucola, rosii, ardei gras, castraveti, ceapa rosie |
| iceberg salad, rucola, tomatoes, pepper, cucumber, red onion |
| iceberg, rucola, pomodori, pepe, cetrioli, cipolla  **INGREDIENTE** Salata iceberg 45.5%, Rosii 16.6%, Ceapa rosie 10.6%, Castraveti 9.1%, Ardei gras 7.5%, Rucola 4.5%,  Ulei de masline 4.5%, Otet balsamic 1%, Sare de masa 0.3%.  Alergeni: gluten   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 238kj / 56.85 kcal | 714 kj / 170.55 kcal | | Grasimi | 4.74 g | 14.22 g | | din care saturate | 0.01 g | 0.03 g | | Glucide | 3.51 g | 10.53 g | | din care zaharuri | 1.87 g | 5.61 g | | Fibre | 0.99 g | 2.97 g | | Proteine | 0.97 g | 2.91 g | | Sare | 0.32 g | 0.96 g | |
|  |
| **Salată verde - Green salad - Insalata verdi (iceberg) (200g)**  **INGREDIENTE** Salata iceberg 71%, Lamaie 23.6%, Ulei de masline 4.7%, Sare de masa 0.4%     |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 240kj / 57.34 kcal | 480 kj / 114.68 kcal | | Grasimi | 4.95 g | 9.9 g | | Glucide | 3.69 g | 7.38 g | | din care zaharuri | 1.23 g | 2.46 g | | Fibre | 1.23 g | 2.46 g | | Proteine | 0.97 g | 1.94 g | | Sare | 0.49 g | 0.98 g | |
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| **Salată de vinete cu pâine prajită - Insalata di melanzane (200g)**  **INGREDIENTE** Vinete 52.6%, Rosii 18.7%, Ceapa rosie 16.9%, Ulei floarea soarelui 9.3%, Paine Toast 1.8%, Sare de masa 0.3%  Alergeni: gluten   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 440kj / 105.13 kcal | 880 kj / 210.26 kcal | | Grasimi | 8.83 g | 17.66 g | | din care saturate | 0.91 g | 1.82 g | | Glucide | 6.07 g | 12.14 g | | din care zaharuri | 2.5 g | 5 g | | Fibre | 2.34 g | 4.68 g | | Proteine | 1.05 g | 2.1 g | | Sare | 0.4 g | 0.8 g | |
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| **Salată de ardei copţi - Baked peppers - Insalata di peperoni arrostiti (200g)**  **INGREDIENTE** Ardei copti 86.8%, Ulei de masline 6.9%, Otet alimentar 3.4%, Usturoi uscat 1.7%, Patrunjel verde 1%     |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 379kj / 90.61 kcal | 758 kj / 181.22 kcal | | Grasimi | 7.22 g | 14.44 g | | din care saturate | 0 g | 0 g | | Glucide | 6.53 g | 13.06 g | | din care zaharuri | 0 g | 0 g | | Fibre | 1.92 g | 3.84 g | | Proteine | 1.18 g | 2.36 g | | Sare | 0 g | 0 g | |
|  |
| **Salată de varză - cabbage salad - Insalata di verza (150g)**  **INGREDIENTE** Varza 77.9%, Otet alimentar 12.9%, Ulei floarea soarelui 7.7%, Patrunjel verde 0.7%, Sare de masa 0.5%     |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***150 g*** | | Valoare energetica | 362kj / 86.54 kcal | 543 kj / 129.81 kcal | | Grasimi | 7.24 g | 10.86 g | | din care saturate | 0.75 g | 1.12 g | | Glucide | 4.56 g | 6.84 g | | din care zaharuri | 2.49 g | 3.73 g | | Fibre | 1.97 g | 2.95 g | | Proteine | 1.02 g | 1.53 g | | Sare | 0.53 g | 0.79 g | |
|  |
| **Muraturi - Pickels - Sottaceti (200g)** |

**INGREDIENTE**  
Muraturi asortate 99%, Patrunjel verde 0.9%

Alergeni: poate contine urme de mustar

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| **DECLARATIE NUTRITIONALA** | | |
|  | ***100g*** | ***200 g*** |
| Valoare energetica | 76kj / 18.17 kcal | 152 kj / 36.34 kcal |
| Grasimi | 0.1 g | 0.2 g |
| din care saturate | 0 g | 0 g |
| Glucide | 4.11 g | 8.22 g |
| din care zaharuri | 0 g | 0 g |
| Fibre | 0.02 g | 0.04 g |
| Proteine | 0.62 g | 1.24 g |
| Sare | 0.2 g | 0.4 g |

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| **Prosciutto Crudo (450g)** |
| sos de rosii facut in casa, mozzarella fior di latte, prosciutto crudo, parmezan, rosii cherry, rucola |
| housemade tomatoes sauce, mozzarella fior di latte, prosciutto crudo, parmesan, cherry tomatoes, rucola  **INGREDIENTE** Faina alba 30.5%, Mozzarella 21.2%, Sos de rosii 13.2%, Prosciutto Crudo 10%, Rucola 5%, Parmezan 7%,  Sare de masa 0.2%, Drojdie proaspata 0.1%,  **ADITVI:** Stabilizatori E 339 Fosfați de sodiu, E 407 Caragenan, Antioxidanți E 316 Eritorbat de sodiu, E 301 Ascorbat  de sodiu, Potențiatori de aromă E 621 Monoglutamat de sodiu, E 635 5′-ribonucleotide disodice, E 624  Monoglutamat de amoniu, Conservanți E 250 Nitrit de sodiu, Corectori de aciditate E 330 Acid citric, E 575  Glucono-delta-lactonă, Amidonuri modificate E 1422 Adipat de diamidon acetilat, Emulsifianți E 450 Difosfați,  Coloranți E 120 Coșenilă, acid carminic, carmine  Alergeni: gluten, lapte, poate contine urme de soia.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***450 g*** | | Valoare energetica | 854.7 kj / 204.9 kcal | 3846.4 kj / 920.2 kcal | | Grasimi | 7.28 g | 32.76 g | | din care saturate | 2.28 g | 10.26 g | | Glucide | 20.44 g | 91.98 g | | din care zaharuri | 0.54 g | 2.43 g | | Fibre | 0.41 g | 1.85 g | | Proteine | 9.85 g | 44.33 g | | Sare | 0.46 g | 2.07 g | |
| **Cucina di Casa (480g)** |
| sos de rosii facut in casa, mozzarella fior di latte, prosciutto cotto, salam pentru pizza, carnati italienesti, bacon,  busuioc |
| housemade tomatoes sauce, mozzarella fior di latte, prosciutto cotto, salami, sausages, bacon, basil  **INGREDIENTE** Faina alba 35.4%, Mozzarella 24.6%, Sos de rosii 15.4%, Prosciutto cotto 9.2%, salam 6.3%,carnati 6.3%,  Ulei de masline 0.6%, Sare de masa 0.3%, Drojdie proaspata 0.1%  **ADITVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat,  Conservanți E 1105 Lizozim, E 249 Nitrit de potasiu  Alergeni: gluten, lapte, poate contine urme de soia.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***480 g*** | | Valoare energetica | 1043.7 kj / 249.7 kcal | 5009.7 kj / 1198.5 kcal | | Grasimi | 8.76 g | 30.66 g | | din care saturate | 4.71 g | 16.48 g | | Glucide | 28.67 g | 100.34 g | | din care zaharuri | 0.37 g | 1.29 g | | Fibre | 0.26 g | 0.91 g | | Proteine | 15.92 g | 55.72 g | | Sare | 0.88 g | 3.08 g | |
| **Specială (450g)** |
| smantana pentru gatit, mozzarella fior di latte, parmezan, bacon, ou  cooking cream, fior di latte, parmesan, bacon, egg  **INGREDIENTE** Faina alba 47%, Mozzarella 32.7%, smantana pt gatit 7.1%, Parmezan 4%, ou 4%, bacon 3.6%, Ulei de masline 0.8%,  Sare de masa 0.4%, Drojdie proaspata 0.2%,  **ADITVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat,  Conservanți E 1105 Lizozim  Alergeni: lapte, ou, gluten, poate contine urme de soia.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***450 g*** | | Valoare energetica | 1187.9 kj / 284.2 kcal | 5345.72 kj / 1278.88 kcal | | Grasimi | 11.78 g | 41.23 g | | din care saturate | 6.77 g | 23.69 g | | Glucide | 36.46 g | 127.61 g | | din care zaharuri | 0.39 g | 1.36 g | | Fibre | 0 g | 0 g | | Proteine | 18.32 g | 64.12 g | | Sare | 0.96 g | 3.36 g | |
| **Salami e Gorgonzola (450g)** |
| sos de rosii facut in casa, mozzarella fior di latte, salam pentru pizza, gorgonzola |
| housemade tomatoes sauce, mozzarella fior di latte, salami, gorgonzola  **INGREDIENTE** Faina alba 42.9%, Mozzarella 21.5%, Sos de rosii 13.4%, salam 13.7%, gorgonzola 7.8%,  Ulei de masline 0.5%, Sare de masa 0.2%  **ADITVI:**  Corectori de aciditate E 330 Acid citric, E 451 Trifosfați, Amidonuri modificate E 1422 Adipat de diamidon  acetilat, Antioxidanți E 301 Ascorbat de sodiu, Conservanți E 250 Nitrit de sodiu  Alergeni: lapte, gluten, poate contine urme de soia.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***450 g*** | | Valoare energetica | 1012.8 kj / 242.31 kcal | 4557.8 kj / 1090.4 kcal | | Grasimi | 4.69 g | 21.11 g | | din care saturate | 2.39 g | 10.76 g | | Glucide | 26.5 g | 119.25 g | | din care zaharuri | 0.82 g | 3.69 g | | Fibre | 0.64 g | 2.88 g | | Proteine | 11.07 g | 49.82 g | | Sare | 0.79 g | 3.55 g | |
| **Salsiccia e Tartufo (450g)** |
| sos de rosii facut in casa, mozzarella fior di latte, carnati italienesti proaspeti, trufe  **INGREDIENTE** Faina alba 42.9%, Mozzarella 21.5%, Sos de rosii 13.4%, carnati 13.7%, trufe 7.8%,  Ulei de masline 0.5%, Sare de masa 0.2%  **ADITVI:**  Corectori de aciditate E 330 Acid citric, E 451 Trifosfați, Amidonuri modificate E 1422 Adipat de diamidon  acetilat, Antioxidanți E 301 Ascorbat de sodiu, Conservanți E 250 Nitrit de sodiu Alergeni: lapte, gluten, poate contine urme de soia.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***450 g*** | | Valoare energetica | 1024.4 kj / 245.07 kcal | 4609.7 kj / 1102.8 kcal | | Grasimi | 4.69 g | 21.11 g | | din care saturate | 2.39 g | 10.76 g | | Glucide | 26.5 g | 119.25 g | | din care zaharuri | 0.82 g | 3.69 g | | Fibre | 0.64 g | 2.88 g | | Proteine | 11.07 g | 49.82 g | | Sare | 0.79 g | 3.55 g | |
| **Bufalina (400g)** |
| sos de rosii facut in casa, mozzarella de bivolita, parmezan, busuioc |
| housemade tomatoes sauce, buffalo mozzarella, parmesan, basil  **INGREDIENTE** Faina alba 47.8%, Mozzarella di bufala 25.9%, Parmezan 12.4%, Sos de rosii 13.4%, Drojdie proaspata 0.2%  Busuioc 0.3%  **ADITVI:** Conservanți E 1105 Lizozim  Alergeni: lapte, gluten.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***400 g*** | | Valoare energetica | 822.2 kj / 196.7 kcal | 3288.8 kj / 786.8 kcal | | Grasimi | 9.52 g | 38.08 g | | din care saturate | 5.79 g | 23.16 g | | Glucide | 37.93 g | 151.72 g | | din care zaharuri | 0.24 g | 0.96 g | | Fibre | 0.11 g | 0.44 g | | Proteine | 13.55 g | 54.2 g | | Sare | 0.34 g | 1.36 g | |
| **Quattro Formaggi (450g)** |
| mozzarella fior di latte, parmezan, brie, gorgonzola, Emmentaler  **INGREDIENTE** Faina alba 41.5%, Mozzarella 32.7%, Branza mucegai 8.1%, Branza Brie 6.1%, Emmentaler 6.1%,  Parmezan 4.1%, Ulei de masline 0.8%, Sare de masa 0.4%, Drojdie proaspata 0.2%,  **ADITVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat,  Conservanți E 1105 Lizozim  Alergeni: lapte, gluten, poate contine derivate din ou.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***450 g*** | | Valoare energetica | 1002.18 kj / 239.7 kcal | 4509.8 kj / 1078.9 kcal | | Grasimi | 11.78 g | 53.01 g | | din care saturate | 6.77 g | 30.47 g | | Glucide | 36.46 g | 164.07 g | | din care zaharuri | 0.39 g | 1.76 g | | Fibre | 0 g | 0 g | | Proteine | 18.32 g | 82.44 g | | Sare | 0.96 g | 4.32 g | |
| **Al Tartufo (400g)** |
| mozzarella fior di latte, trufe / mozzarella fior di latte, truffles  **INGREDIENTE** Faina alba 49.1%, Mozzarella 34.1%, Trufe 14.9%, Ulei 1.4%, Drojdie proaspata 0.2%  **ADITVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat  Alergeni: gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***400 g*** | | Valoare energetica | 788.77kj / 188.7 kcal | 3155.06 kj / 754.8 kcal | | Grasimi | 14.51 g | 58.04 g | | din care saturate | 9.08 g | 36.32 g | | Glucide | 43.86 g | 175.44 g | | din care zaharuri | 5.35 g | 21.4 g | | Fibre | 0 g | 0 g | | Proteine | 15.24 g | 60.96 g | | Sare | 0.44 g | 1.76 g | |
| **Bianco Rossa (450g)** |
| sos de rosii facut in casa, mozzarella fior di latte, brie, branza de capra, rosii cherry, busuioc |
| housemade tomatoes sauce, mozzarella fior di latte, brie, goat cheese, cherry tomatoes, basil  **INGREDIENTE** Faina alba 36.5%, Mozzarella 25.3%, Sos de rosii 15.8%, Telemea de capra 11.9%, Branza Brie 4.7%,  Rosii cherry 4.7%, Sare de masa 0.4%, Busuioc 0.1%, Drojdie proaspata 0.1%  **ADITVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat  Alergeni: gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***450 g*** | | Valoare energetica | 1009.25 kj / 241.45 kcal | 4541.65 kj / 1086.52 kcal | | Grasimi | 8.39 g | 37.76 g | | din care saturate | 5.33 g | 23.99 g | | Glucide | 29.39 g | 132.26 g | | din care zaharuri | 0.36 g | 1.62 g | | Fibre | 0.19 g | 0.86 g | | Proteine | 13.8 g | 62.1 g | | Sare | 1.12 g | 5.04 g | |
| **Quattro Stagioni (480g)** |
| sos de rosii facut in casa, mozzarella fior di latte, prosciutto cotto, salam pt pizza, ciuperci proaspete,  masline kalamata, busuioc |
| housemade tomatoes sauce, mozzarella fior di latte, prosciutto cotto, salami, fresh mushrooms, kalamata olives,  basil  **INGREDIENTE** Faina alba 38%, Mozzarella 17.9%, Ciuperci champignon 11.2%, Sos de rosii 11.2%, prosciutto cotto 8.9%,  Salam 6.7%, Măsline 5.6%, Sare de masa 0.3%, Busuioc 0.1%, Drojdie 0.1%  **ADITVI:**  Corectori de aciditate E 270 Acid lactic, E 330 Acid citric, E 575 Glucono-delta-lactonă, E 451 Trifosfați,  Conservanți E 202 Sorbat de potasiu, E 250 Nitrit de sodiu, Amidonuri modificate E 1422 Adipat de diamidon  acetilat, Antioxidanți E 301 Ascorbat de sodiu, Potențiatori de aromă E 624 Monoglutamat de amoniu,  Emulsifianți E 450 Difosfați, Coloranți E 120 Coșenilă, acid carminic, carmine  Alergeni: gluten, lapte, poate continue urme de soia.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***480 g*** | | Valoare energetica | 970.89 kj / 232.27 kcal | 5351.52 kj / 1114.9 kcal | | Grasimi | 6.67 g | 32.02 g | | din care saturate | 2.12 g | 10.18 g | | Glucide | 22.54 g | 108.19 g | | din care zaharuri | 0.83 g | 3.98 g | | Fibre | 0.59 g | 2.83 g | | Proteine | 10.66 g | 51.17 g | | Sare | 0.91 g | 4.37 g | |
| **Salsiccia (430g)** |
| sos de rosii facut in casa, mozzarella fior di latte, carnati italienesti proaspeti  **INGREDIENTE** Faina alba 41.4%, Mozzarella 26.8%, Sos de rosii 17.6%, carnati 13.2%, Ulei de masline 0.6%, Sare de masa 0.3%,  Drojdie proaspata 0.1%  **ADITVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat,  Conservanți E 1105 Lizozim, E 249 Nitrit de potasiu  Alergeni: lapte, gluten, poate contine urme de soia.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***430 g*** | | Valoare energetica | 1036.05 kj / 247.8 kcal | 4455.04 kj / 1065.8 kcal | | Grasimi | 8.76 g | 37.67 g | | din care saturate | 4.71 g | 20.25 g | | Glucide | 28.67 g | 123.28 g | | din care zaharuri | 0.37 g | 1.59 g | | Fibre | 0.26 g | 1.12 g | | Proteine | 15.92 g | 68.46 g | | Sare | 0.88 g | 3.78 g | |
| **Diavola (430g)** |
| sos de rosii facut in casa, mozzarella fior di latte, salam ventricina picant |
| housemade tomatoes sauce, mozzarella fior di latte, spicy salami  **INGREDIENTE** Faina alba 41.4%, Mozzarella 26.8%, Sos de rosii 17.6%, salam picant 13.2%, Ulei de masline 0.6%,  Sare de masa 0.3%, Drojdie proaspata 0.1%  **ADITVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat,  Conservanți E 1105 Lizozim, E 249 Nitrit de potasiu  Alergeni: lapte, gluten, poate contine urme de soia.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***430 g*** | | Valoare energetica | 989.6 kj / 236.7 kcal | 4255.2 kj / 1018.09 kcal | | Grasimi | 8.76 g | 37.67 g | | din care saturate | 4.71 g | 20.25 g | | Glucide | 28.67 g | 123.28 g | | din care zaharuri | 0.37 g | 1.59 g | | Fibre | 0.26 g | 1.12 g | | Proteine | 15.92 g | 68.46 g | | Sare | 0.88 g | 3.78 g | |
| **Salami (430g)** |
| sos de rosii facut in casa, mozzarella fior di latte, salam pentru pizza  **INGREDIENTE** Faina alba 41.4%, Mozzarella 26.8%, Sos de rosii 17.6%, salam 13.2%, Ulei de masline 0.6%,  Sare de masa 0.3%, Drojdie proaspata 0.1%  **ADITVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat,  Conservanți E 1105 Lizozim, E 249 Nitrit de potasiu  Alergeni: lapte, gluten, poate contine urme de soia.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***430 g*** | | Valoare energetica | 999 kj / 239 kcal | 4295.79 kj / 1027.7 kcal | | Grasimi | 8.76 g | 37.67 g | | din care saturate | 4.71 g | 20.25 g | | Glucide | 28.67 g | 123.28 g | | din care zaharuri | 0.37 g | 1.59 g | | Fibre | 0.26 g | 1.12 g | | Proteine | 15.92 g | 68.46 g | | Sare | 0.88 g | 3.78 g | |
| **Capriciosa (450g)** |
|  |
| sos de rosii facut in casa, mozzarella fior di latte, prosciutto cotto, ciuperci proaspete, masline kalamata, busuioc |
| housemade tomatoes sauce, mozzarella fior di latte, prosciutto cotto, fresh mushrooms, kalamata olives, basil  **INGREDIENTE** Faina alba 36.6%, Mozzarella 20.6%, Ciuperci champignon 12.8%, Sos de rosii 12.8%, Prosciutto cotto 10.3%,  Măsline 6.4%, Sare de masa 0.3%, Busuioc 0.1%, Drojdie proaspata 0.1%.  **ADITVI:** Corectori de aciditate E 270 Acid lactic, E 330 Acid citric, E 451 Trifosfați, Conservanți E 202 Sorbat de  potasiu, E 250 Nitrit de sodiu, Amidonuri modificate E 1422 Adipat de diamidon acetilat, Antioxidanți E 301  Ascorbat de sodiu  Alergeni: gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***450 g*** | | Valoare energetica | 1114.5kj / 234.8 kcal | 5015.2 kj / 1056.6 kcal | | Grasimi | 4.8 g | 19.2 g | | din care saturate | 2.43 g | 9.72 g | | Glucide | 25.33 g | 101.32 g | | din care zaharuri | 0.75 g | 3 g | | Fibre | 0.51 g | 2.04 g | | Proteine | 10.65 g | 42.6 g | | Sare | 1.04 g | 4.16 g | |
| **Prosciutto e Funghi (450g)** |
| sos de rosii facut in casa, mozzarella fior di latte, prosciutto cotto, ciuperci proaspete |
| housemade tomatoes sauce, mozzarella fior di latte, prosciutto cotto, fresh mushrooms  **INGREDIENTE** Faina alba 40.3%, Mozzarella 21.5%, Ciuperci champignon 13.4%, Sos de rosii 13.4%, Prosciutto cotto 10.7%, Ulei de  masline 0.5%, Sare de masa 0.2%.  **ADITVI:**  Corectori de aciditate E 330 Acid citric, E 451 Trifosfați, Amidonuri modificate E 1422 Adipat de diamidon  acetilat, Antioxidanți E 301 Ascorbat de sodiu, Conservanți E 250 Nitrit de sodiu.  Alergeni: gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***450 g*** | | Valoare energetica | 1090.8 kj / 221.45 kcal | 4905.6 kj / 996.53 kcal | | Grasimi | 4.69 g | 21.11 g | | din care saturate | 2.39 g | 10.76 g | | Glucide | 26.5 g | 119.25 g | | din care zaharuri | 0.82 g | 3.69 g | | Fibre | 0.64 g | 2.88 g | | Proteine | 11.07 g | 49.82 g | | Sare | 0.79 g | 3.56 g | |
| **Prosciutto (430g)** |
| sos de rosii facut in casa, mozzarella fior di latte, prosciutto cotto |
| housemade tomatoes sauce, mozzarella fior di latte, prosciutto cotto  **INGREDIENTE** Faina alba 35.4%, Mozzarella 24.6%, Sos de rosii 15.4%, Prosciutto cotto 9.2%, Ulei de masline 0.6%,  Sare de masa 0.3%, Drojdie proaspata 0.1%.  **ADITVI:** Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat,  Conservanți E 1105 Lizozim, E 249 Nitrit de potasiu.  Alergeni: gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***430 g*** | | Valoare energetica | 977.6 kj / 208.9 kcal | 4203.6 kj / 898.2 kcal | | Grasimi | 8.76 g | 37.67 g | | din care saturate | 4.71 g | 20.25 g | | Glucide | 28.67 g | 123.28 g | | din care zaharuri | 0.37 g | 1.59 g | | Fibre | 0.26 g | 1.12 g | | Proteine | 15.92 g | 68.46 g | | Sare | 0.88 g | 3.78 g | |
| **Vegetariană (450g)** |
| sos de rosii facut in casa, mozzarella fior di latte, ardei, ciuperci, dovlecei, porumb, ceapa rosie, masline, busuioc |
| housemade toamtoes sauce, mozzarella fior di latte, pepper, mushrooms, pumpkins, corn, red onion, olives, basil  **INGREDIENTE** Faina alba 30.5%, Mozzarella 21.2%, Sos de rosii 13.2%, Ardei gras 9.2%, Ciuperci champignon 9.2%, Măsline 9.2%,  Dovlecel 3.9%, Porumb 2.6%, Ulei de masline 0.5%, Drojdie proaspata 0.2%, Sare de masa 0.2%, Busuioc 0.1%.  **ADITVI:** Corectori de aciditate E 270 Acid lactic, E 330 Acid citric, Conservanți E 202 Sorbat de potasiu,  Amidonuri modificate E 1422 Adipat de diamidon acetilat.  Alergeni: gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***450 g*** | | Valoare energetica | 727kj / 185 kcal | 3271.5 kj / 832.5 kcal | | Grasimi | 5.2 g | 23.4 g | | din care saturate | 2.4 g | 10.8 g | | Glucide | 25.92 g | 116.64 g | | din care zaharuri | 0.86 g | 3.87 g | | Fibre | 0.57 g | 2.57 g | | Proteine | 9.58 g | 43.11 g | | Sare | 0.69 g | 3.11 g | |
| **Margherita (400g)** |
| sos de rosii facut in casa, mozzarella fior di latte, busuioc  housemade tomatoes sauce, mozzarella fior di latte, basil  **INGREDIENTE** Sos de rosii 37.5%, Faina alba 30.9%, Mozzarella 26.4%, Sare de masa 0.3%, Busuioc 0.1%.  **ADITVI:**Corectori de aciditate E 330 Acid citric, Amidonuri modificate E 1422 Adipat de diamidon acetilat  Alergeni: gluten, lapte   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***400 g*** | | Valoare energetica | 706kj / 168.7 kcal | 2824 kj / 674.8 kcal | | Grasimi | 4.53 g | 18.12 g | | din care saturate | 2.76 g | 11.04 g | | Glucide | 26.63 g | 106.52 g | | din care zaharuri | 0.43 g | 1.72 g | | Fibre | 0.43 g | 1.72 g | | Proteine | 10.87 g | 43.48 g | | Sare | 0.64 g | 2.56 g |  |  | | --- | | **Desert - Dolce**  **Tort cu mascarpone, rodii si Ciocolata - Mascarpone, pomegranate and chocolate cake** | | **Torta di mascarpone, melograno e ciocolato (180g)**  **INGREDIENTE** Faina alba 38.6%, Rodie 27.6%, Zahar 16.5%, Smântână dulce 11%, Unt5.5%, Drojdie proaspata 0.5%,  **ADITVI:** Stabilizatori E 407 Caragenan  Alergeni: soia, lapte, ou.   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***181 g*** | | Valoare energetica | 1295kj / 309.51 kcal | 2344kj / 560.22 kcal | | Grasimi | 9.23 g | 16.71 g | | din care saturate | 5.88 g | 10.66 g | | Glucide | 51.65 g | 93.49 g | | din care zaharuri | 20.6 g | 37.3 g | | Fibre | 1.13 g | 2.05 g | | Proteine | 4.74 g | 8.58 g | | Sare | 0.02 g | 0.03 g | | |  | | **Papanaşi dulceata - Cheese pancakes jam - Fritelle al formaggio (300g)** | | **INGREDIENTE** Smantana 26%, Branza de vaci 17.7%, Ulei floarea soarelui 17.7%, Dulceata 14.1%, Faina alba 11.8%, Ou 5.9%, Zahar 5.9%, Bicarbonat de sodiu 0.2%, Esenta de vanilie 0.2%, Esenta de Rom 0.2%,  **ADITIVI:** Corectori de aciditate E 330 Acid citric  Alergeni: lapte, gluten, ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 1489kj / 355.81 kcal | 4467 kj / 1067.43 kcal | | Grasimi | 24.37 g | 73.11 g | | din care saturate | 1.92 g | 5.76 g | | Glucide | 26.84 g | 80.52 g | | din care zaharuri | 13.72 g | 41.16 g | | Fibre | 0.22 g | 0.66 g | | Proteine | 6.02 g | 18.06 g | | Sare | 0 g | 0 g |     **Papanasi ciocolata (300g)**  **INGREDIENTE**  Smantana 26.6%, Branza de vaci 18.1%, Ulei floarea soarelui 18.1%, Faina alba 12.1%, Crema de ciocolata  Nutella 12.1%, Ou 6%, Zahar 6%, Bicarbonat de sodiu 0.2%, Esenta de vanilie 0.2%, Esenta de Rom 0.2%  **ADITIVI:** Emulsifianți E 322 Lecitine  Alergeni: lapte, gluten, derivate din soia, ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***300 g*** | | Valoare energetica | 1619kj / 387.06 kcal | 4857 kj / 1161.18 kcal | | Grasimi | 28.51 g | 85.53 g | | din care saturate | 1.94 g | 5.82 g | | Glucide | 24.56 g | 73.68 g | | din care zaharuri | 6.06 g | 18.18 g | | Fibre | 0 g | 0 g | | Proteine | 6.79 g | 20.37 g | | Sare | 0 g | 0 g | | | **Lava Cake - Chocolate souffle (180g)**  **INGREDIENTE** Ou 19.2%, Faina alba 16%, fructe congelate 16%, Inghetata 16%, Ciocolata neagra 12.8%, Zahar brun 12.8%,  Unt 6.4%, Sare de masa 0.3%  **ADITIVI:**  Emulsifianți E 322 Lecitine, E 476 Poliricinoleat de poliglicerină, E 471 Mono- și digliceride ale acizilor  grași, Stabilizatori E 410 Gumă din semințe de carruba, E 412 Gumă de guar, Agenți anti-aglomeranți E 553a Silicat de magneziu  Alergeni: ou, gluten, derivate din soia, poate contine urme de fructe cu coaja tare   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***180 g*** | | Valoare energetica | 1244kj / 297.24 kcal | 2239.2kj / 535.03 kcal | | Grasimi | 14.48 g | 26.06 g | | din care saturate | 3.94 g | 7.09 g | | Glucide | 34.89 g | 62.8 g | | din care zaharuri | 12.85 g | 23.13 g | | Fibre | 1.34 g | 2.41 g | | Proteine | 5.73 g | 10.31 g | | Sare | 0.35 g | 0.63 g | | |  | | **Pancakes cu fructe de padure si sirop de artar (200g)** | | **Pancakes with berry jam, berry and maple syrup** | | **Pancakes di frutti di bosco e sciroppo d'acero**  **INGREDIENTE** Dulceata 19.1%, Faina alba 19.1%, Lapte 19.1%, Ulei floarea soarelui 13.4%, Ou 11.4%, Fructe de padure  congelate 7.6%, Sirop de artar 4.7%, Zahar 3.8%, Praf de copt 0.9%, Bicarbonat de sodiu 0.3%,  **ADITIVI:** Corectori de aciditate E 330 Acid citric  Alergeni: gluten, ou   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 1221kj / 291.94 kcal | 2442 kj / 583.88 kcal | | Grasimi | 13.95 g | 27.9 g | | din care saturate | 1.88 g | 3.76 g | | Glucide | 37.11 g | 74.22 g | | din care zaharuri | 15.28 g | 30.56 g | | Fibre | 0.31 g | 0.62 g | | Proteine | 4.01 g | 8.02 g | | Sare | 0.02 g | 0.04 g | | |  | | **Pancakes cu nutella, banane si sirop de artar (200g)** | | **Pancakes with nutella cream, bananas and maple syrup** | | **Pancakes con nutella, banane e sciroppo d'acero** | | **INGREDIENTE** Banane 29.3%, Faina alba 14.6%, Lapte 1,5% 14.6%, Crema de ciocolata Nutella 14.6%, Ulei floarea soarelui 10.2%, Ou 8.7%, Sirop de artar 3.6%, Zahar 2.9%, Praf de copt 0.7%, Bicarbonat de sodiu 0.2%  **ADITIVI:** Emulsifianți E 322 Lecitine  Alergeni: gluten, lapte, ou, derivate de soia   |  |  |  | | --- | --- | --- | | **DECLARATIE NUTRITIONALA** | | | |  | ***100g*** | ***200 g*** | | Valoare energetica | 1187kj / 283.62 kcal | 2374 kj / 567.24 kcal | | Grasimi | 15.08 g | 30.16 g | | din care saturate | 1.43 g | 2.86 g | | Glucide | 33.18 g | 66.36 g | | din care zaharuri | 7.15 g | 14.3 g | | Fibre | 0.76 g | 1.52 g | | Proteine | 4.15 g | 8.3 g | | Sare | 0.01 g | 0.02 g | | |  | |  | |  | |  | |